FILM. NEW MOVIE, NEW EPIC ROAD TRIP

SUSAN SARANDON BUCKLES UP FOR "TAMMY." PAGE 15

Education. Arthur Chu's SAT tricks
PAGE 08

Wellbeing. Comics made to shock you
PAGE 19

metro

NEW YORK CITY'S #1 FREE DAILY NEWSPAPER

Monday, July 7, 2014 www.metro.us | t: MetroNewYork | f: MetroNewYork

Classes Start Soon!

7 DAYS UNTIL CLASSES BEGIN

Enroll at Mildred Elley – training programs focused on your career success.

- Business Management
- Massage Therapy
- Medical Assisting
- Paralegal Studies

(866) 918-0944 | mildred-elley.edu

CALL OR VISIT TODAY!

GI Bill Approved
Accredited Member, ACICS

25 Broadway, Floor 16
New York, NY

MILDRED ELLEY
A career college in NYC

The Power to Change Your Life

For program details and disclosures visit mildred-elley.edu/disclosures

PLUS

Is Cliff Lee tops on Yankees' trade list?

PAGE 23

Life's a beach. City Beach NYC is trying to raise money to convert an old barge into a floating beach that could be docked on the Hudson River. **As the tide turns.** The vessel would give New York City residents a place to enjoy the sand and surf without having to trek farther than Manhattan's West Side.

PAGE 02

BEACHY KEEN

City Beach NYC could hold up to 700 sunbathers and would have a science lab where kids can learn about the Hudson River. / WORKSHOP, APD

College with a personal touch

Walk through our doors—you'll be so much more than just a number! NYSCAS—where students get the personal guidance they need for success in college.

apply ONLINE at apply.touro.edu

NYSCAS a division of TOURO COLLEGE

New York School of Career and Applied Studies

212.463.0400 x5500 | 718.265.6534 x1003

Manhattan Brooklyn Queens

INFORMATION SESSIONS:

Manhattan: Wednesdays, 12 noon-5 pm
27-33 West 23rd Street, Admissions Office
Brooklyn: Wednesdays, 11 am-7 pm
1870 Stillwell Avenue, Admissions Office

www.touro.edu/nyscas

Touro College is an equal opportunity institution

1 NEWS

Today's tweet

"Manhattan may have the Hamptons but Brooklyn has the Rockaways. #beach"

@JaJillian

Top 3

What's trending online at Metro.us

1 'Joan Rivers walks out on CNN interview'

2 'Who will Ronda Rousey fight next?'

3 'PHOTOS: 'Colourant' features high-speed colorful images by Floto + Warner'

The floating beach would be able to hold up to 700 people and could be moved up and down the West Side of Manhattan. / WORKSHOP, APD

Floating park is a beach bum's dream

Catch some rays. A new proposal would turn an old barge into a Manhattan beach.

Matthew Berman, left, and Blayne Ross / COURTESY OF CITY BEACH NYC

BILLY BECERRA, METRO

Blayne Ross has a beachin' idea for Manhattan.

The 38-year-old founder of City Beach NYC wants to build a $24 million floating beach park that will dock on the Hudson River.

"Manhattan definitely needs a beach," said Ross, a real estate developer who lives in SoHo.

The island doesn't have any sandy shores now. But if Ross' plan works, an old shipping barge would become City Beach, a park complete with three restaurants, a surf shop and 1,200 cubic yards of sand where sunbathers could lounge and enjoy 360-degree city views.

Ross said he first came up with the idea in spring 2012 while hanging out with friends at Christopher Street Pier overlooking the Hudson.

"We had towels with us, but no beach," he said.

The goal is to make City Beach free and open to the public, accommodating between 500 and 700 bathers. Along with the 220-by-72-foot beach, the park — shaped like a giant potato chip — would have a science lab where kids can learn about the Hudson River's history and marine life.

There's no plans for water access, but a waterfall surrounding the barge would drown out the city.

"We didn't want to create just another New York experience," said the project's lead designer, Matthew Berman, 42.

The barge would be open during the summer and towed into storage for the winter and weather emergencies. As for nervous New Yorkers, the project's structural engineer Nathaniel Stanton said there would be nothing safer than City Beach.

From the barge sinking to blowing away, "we've dreamed up everything that we could worry about," Stanton, 42, said.

Ross hopes to open City Beach by 2016, but several city agencies and groups would need to approve the proposal. The project's first phase aims to raise awareness and funds to move to the next level, when larger investors and support from officials would be pursued.

The project's Indiegogo campaign, which launched June 22, has raised $5,500 as of Sunday. But failing to meet the $35,000 campaign goal by July 22 won't stop City Beach, Ross said.

"It's projects like this that keep New York on the cutting edge," he said.

ANNA SANDERS
@AnnaESanders
anna.sanders@metro.us

Life's a beach

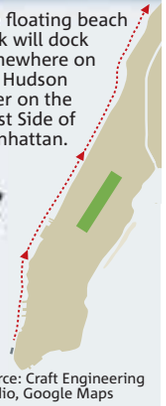
City Beach would be a park, complete with three restaurants, a surf shop and a sand beach.

By the numbers

1,200 Cubic yards of sand

500-700 Could accommodate between 500 and 700 bathers

It would take 17 barges to fill the 6.2 acres of Madison Square Park.



The floating beach park will dock somewhere on the Hudson River on the West Side of Manhattan.

Source: Craft Engineering Studio, Google Maps

City's heart

"Manhattan definitely needs a beach."

Blayne Ross

Want to donate?

City Beach NYC's crowd-funding campaign can be found at www.igg.me/at/citybeachnyc.

Hit the beach

"I think people would eat it up. If the barge doesn't go anywhere, and just docks like the Frying Pan at Hudson River Park, I would definitely get on it."

Parker Chambers, 23, Manhattan

"It'll only fit between 500 and 700 people, in a city of 10 million? I'm guessing that's gonna be on a first come, first serve basis. They've gotta make it bigger. I might go there, but I'm from Michigan — so I don't like the ocean as much as I like lakes."

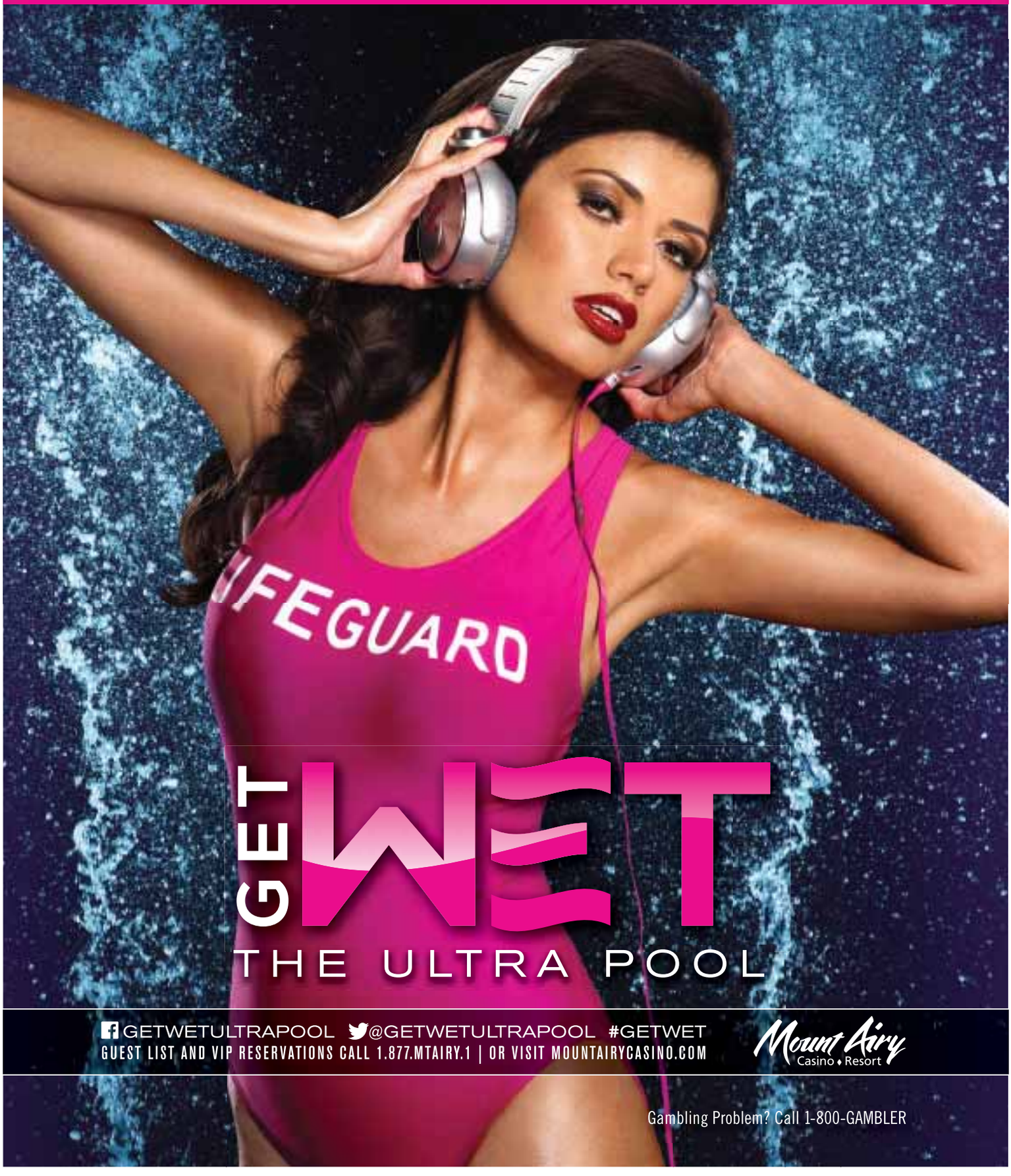
Dante Quinn, 33, SoHo

"I go all the way to New Jersey and Long Island just to get to the beach. Why should we have to travel so far? I have to get in my car, waste gas, and by the time I get there I'm already tired and ready to go home. ... I don't like to get in the water, so I think a floating beach would be perfect."

Nakia Montgomery
37, Greenwich Village

Visit **Metro.us** to see a map of all the free public beaches in NYC.

LIFEGUARD ON DUTY



GETWETULTRAPOOL @GETWETULTRAPOOL #GETWET
GUEST LIST AND VIP RESERVATIONS CALL 1.877.MTAIRY.1 | OR VISIT MOUNTAIRYCASINO.COM

Mount Airy Casino • Resort

Gambling Problem? Call 1-800-GAMBLER

Most of my patients say "I wish I had done this sooner!"

Your local vein expert

Varicose Veins be Gone.

Do you suffer from:

- Veins that are dark purple or blue in color
- Veins that appear twisted and bulging
- An achy or heavy feeling in your legs
- Burning, throbbing, muscle cramping and swelling in your lower legs
- Worsened pain after sitting or standing for a long time
- Skin ulcers near your ankle, which can mean you have a serious form of vascular disease that requires medical attention

New York City's

Premier Vein Only Practice

Most Insurance Accepted!

FAST, NON-INVASIVE TREATMENTS FOR

Varicose Veins • Spider Veins • Facial Veins

DAVID M. GLASS, MD, FACS

Board Certified Vascular Surgeon

25 Years of Experience

NEW YORK VEIN CENTER

BROOKLYN / MANHATTAN / BRONX

1-888-591-9540

www.NewYorkVeinCenter.org

©COPYRIGHT 2013, NEW YORK VEIN CENTER. ALL RIGHTS RESERVED

DOWNLOAD THE NYVC APP IN THE APPLE APP STORE

FDNY firefighter dies in Brooklyn high-rise blaze

NYC's bravest. The fire was caused by a spark from an electrical cord.

Firefighter Gordon Ambelas passed away late Saturday after battling a fire in a South Williamsburg high-rise building.

Ambelas, 40, responded to a two-alarm fire inside the Independence Towers housing complex at 75 Wilson St.

Fire Department officials said the blaze began around 9:30 p.m. in a unit on the 19th floor of the 21-floor building.

Authorities said the fire lieutenant was attempting to make sure no victims were left in the apartment when he became trapped in a bedroom. Found unconscious, Ambelas was rushed to Woodhull Medical Center, where emergency workers declared the 14-year veteran dead.

On Sunday afternoon, Fire Commissioner Daniel Nigro said that investigators determined the fire was caused by an accidental electrical spark from an air conditioning unit's electrical cord pinched between the wall and a bed frame.

The apartment was reportedly heavily cluttered, which can make rescue attempts more difficult, officials said.

"We have lost a real hero tonight, and our hearts are heavy," Mayor Bill de Blasio said, calling Ambelas' loss "tragic."

Ambelas, a Staten Island resident, is survived by his wife and two children.

"One of New York's bravest has paid the ultimate price," he added, "and we all mourn his loss."

Gordon Ambelas / NYFD

By the numbers

2

His death is the first death of a firefighter in the line of duty in more than two years.

CHESTER JESUS SORIA
@chestersoria
chester.soria@metro.us

Gun violence

Two dead in Brooklyn, Staten Island shootings

The New York City Police Department said at least two people died in unrelated shootings on Sunday.

The first reported shooting death occurred at 2:20 a.m. Sunday morning in Brooklyn.

Police said they arrived in front of an apartment building on Lefferts Place to find three people with gunshot wounds.

Tamecca Haskins, 32, suffered a fatal gunshot wound to her chest.

Three hours later, police in Staten Island arrived in Park Hill to find a man shot in front of a home.

Investigators said the 40-year-old man was shot in his head.

CHESTER JESUS SORIA

Adopt a pet with Metro

Daisy May is a 3-year-old Norwegian Forest mix. She is social and friendly, but can be a shy when meeting people. Once she warms up she's quick to play. Her adopter must take care of her stunning coat — but don't worry, she's not high maintenance. To adopt Daisy Mae, stop by the ASPCA Center at 424 E. 92nd Street or visit Adoptscpa.org. / ASPCA

HSQ MEN'S

WE'RE WRAPPING UP THE FINAL STAGES OF OUR MULTIMILLION-DOLLAR MAKEOVER AND WE'VE GOT SOME EXCITING NEWS. NOW OPEN: OUR NEW STATE-OF-THE-ART MEN'S SHOE DEPARTMENT ON 4! COMPLETE WITH 12,000 SQUARE FEET OF THE LATEST CASUAL & DRESS SHOE STYLES FROM YOUR FAVORITE BRANDS, IT'S GOT EVERYTHING YOU NEED TO STEP UP YOUR LOOK. SO, STOP BY TODAY AND GET READY TO BE 'WOWED'!

INTRODUCING

THE ALL-NEW MEN'S SHOE DEPARTMENT AT MACY'S HERALD SQUARE!

CHECK OUT THE LATEST LOOKS FROM TOP BRANDS INCLUDING:

- A. TESTONI
- ROBERTO CAVALLI
- JOHN GALLIANO
- FRYE
- ALLEN EDMONDS
- BIRKENSTOCK

the magic of macy's .com

In Brooklyn

Bike thrown out of window, injures cop

A police officer is recovering after a child's bike was hurled from a window and struck the back of his head.

Cops said the officer was pursuing a man who reportedly shot a gun near the Albany Houses at 2 a.m. Sunday.

While cops were arresting the reported shooter, someone threw a bike out of a window. / GOOGLE IMAGES

As officers arrested the shooting suspect, police said a hail of objects came flying down from a fifth-story apartment of a building at 959 Saint Mark's Ave. — including a pink child's bike.

The bike hit the officer in his head. He was rushed to Kings County Hospital Center.

Two other officers suffered minor injuries during the pursuit of the alleged shooter, but police said all had been treated and released by Sunday afternoon.

Investigators said that multiple suspects who are thought to have thrown the items at the police are in custody, with charges pending.

CHESTER JESUS SORIA

48 HOUR PRICE QUOTE

"How much will new replacement windows cost me?"

Renewal by Andersen has a phone line dedicated to that question.

Call our 48 Hour Price Quote line at 1-800-357-3815, and **we'll provide a quote within 48 hours of your call.** Most other companies take weeks to produce their estimate. Within 48 hours, a Renewal by Andersen Project Manager will precisely measure your home's windows, help you choose your window styles, colors, grilles and hardware, and **then we'll provide a down-to-the-penny price quote that will be good for one full year.** No hidden charges and no more wondering, *"How much will new windows cost?"*

Get a FREE price quote within 48 Hours!
Call 1-800-357-3815
to schedule your FREE in-home visit

Call before July 27th!
SAVE $229 on every window[1]
AND
SAVE $629 on every patio door[1]
WITH
NO MONEY DOWN NO PAYMENTS NO INTEREST
FOR 1 YEAR[1]
With our Instant Product Rewards

We are the replacement window division of Andersen Windows, so everything we build, install, and warrant is held to the same standard of excellence that Andersen has lived by for 110 years. **The Renewal by Andersen window is stronger than vinyl,** and unlike wood, requires virtually no maintenance.*

Renewal by Andersen
WINDOW REPLACEMENT
an Andersen Company

SELL BUILD INSTALL WARRANTY

Call our 48 Hour Price Quote line: 1-800-357-3815

[1]Restrictions and conditions apply; see your local representative for details. Cannot be combined with prior purchases, other offers, or coupons. No adjustments to previous orders. Offer not available in all areas, discount applied by retailer representative at time of contract execution and applies to minimum purchase of 6 or more windows and 3 or more patio doors. Offer does not include bay/bow windows. Cannot be combined with other offers. As part of the Instant Product Rewards Plan, all homeowners must be present and must purchase during the initial visit to qualify. To qualify for discount offer, initial contact for a free Window Diagnosis must be made and documented on or before 7/27/14, with the appointment then occurring no more than 10 days after the initial contact. 0% APR for 12 months available to well qualified buyers on approved credit only. Not all customers may qualify. Higher rates apply for customer with lower credit ratings. Financing not valid with other offers or prior purchases. No Finance Charges will be assessed if promo balance is paid in full in 12 months. Renewal by Andersen retailers are independently owned and operated retailers, and are neither brokers nor lenders. Any finance terms advertised are estimates only and all financing is provided by third-party lenders unaffiliated with Renewal by Andersen retailers, under terms and conditions arranged directly between the customer and such lender, all subject to credit requirements. Renewal by Andersen retailers do not assist with, counsel or negotiate financing, other than providing customers an introduction to lenders interested in financing. NJ Consumer Affairs License #: 13HV01541700. NYC Consumer Affairs License#: 1244514. Nassau Consumer Affairs License #: H0810150000. Suffolk Consumer Affairs License #: 43991-H. NYC 1307704. Rockland County License#: H-11942-07-00-00. Renewal by Andersen of Central/Northern NJ and Long Island are independently owned and operated affiliates operating in the NJ/NY metropolitan area. "Renewal by Andersen" and all other marks where denoted are marks of Andersen Corporation. ©2014 Andersen Corporation. All rights reserved. ©2014 Lead Surge LLC. All rights reserved. *See limited warranty for details.

The body was discovered in the lake not far from the Prospect Park boathouse. / WIKIMEDIA COMMONS

Toddler's body found in Prospect Park lake

Tragedy. The girl reportedly wandered off with a young relative and was found later in the water.

Ruhshona Kurbonova /FACEBOOK

A family outing to a New York City park ended in tragedy on Saturday after a 2-year-old girl wandered off, and police divers found her body in a lake after an hours-long search, authorities said.

The family was enjoying a sunny afternoon in Brooklyn's Prospect Park when the toddler, identified as Ruhshona Kurbonova of Brooklyn, walked off with a 4-year-old boy who was a relative.

The boy was found a short time later, covered in algae, according to WCBS Radio. Police responded to a 1 p.m. report that a child had vanished near the park's boathouse and deployed a scuba team to search the murky waters.

"Officers were informed by a 37-year-old female that her 2-year-old daughter was missing and possibly went into the lake," the New York City Police Department said in a statement.

Hours later, the scuba divers recovered the girl, who was unresponsive and pronounced dead at the scene.

An investigation is continuing and the medical examiner will determine the cause of death, police said.

REUTERS

Timeline

The toddler reportedly went off with a 4-yearold relative while the family enjoyed a day at the park.

- The child disappeared near the Prospect Park boathouse.
- NYPD scuba divers went into the murky water and recovered the body hours later.
- The medical examiner will release details on the cause of death.

Painful Varicose Veins?

Now is the time to take care of it! Varicose veins are MORE than just a cosmetic problem. They can also be a warning sign of a condition called Venous Insufficiency that kills over half a million people every year.

Do you have any of these symptoms?

Varicose Veins
Spider Veins
Itching and Burning
Leg Pain and Cramps
Heaviness and Swelling
Skin Discoloration
Ulcers and Blood Clots
Problem Walking For Long Distance

USA Vein Clinics Will help!

With a non-surgical, minimally invasive, painless procedures, that take only 15 minutes!

Newest Non-Laser Technique For Varicose Vein Treatment called ClariVein *Now Available at* USA Vein Clinics

Medicare and most insurances accepted!

Trust Your Legs Only To Top Specialist!

- *Named "Best Vein Center" and "Leader in Health Care" five times!*
- *Pioneer in modern vein treatment techniques.*
- *Nation's only coast-to-coast vein clinic.*
- *Doctors Staff Include Board-Certified, Harvard and Stanford Trained Specialists*
- *Nation's Top Vein Clinic, no other clinic can boast such excellence in vein care*

USA Vein Clinics

Do not commit to any other vein center without getting an evaluation from USA Vein Clinics. You will be very pleased you did.

(917) 717-5135

Open on Saturdays

New York:
1153 First Avenue, Manhattan, NY 10065
2511 Ocean Ave, Ste 102, Brooklyn, NY 11229
2444 86th St, Ste A, Bensonhurst, NY 11214
116-02 Queens Blvd, Forest Hills, NY 11375

New Jersey:
766 Shrewsbury Ave, Ste 300, Tinton Falls, NJ 07724

Pennsylvania • Massachusetts

Take the SATs like a game show champ

Strategy. Arthur Chu of "Jeopardy!" fame turns his gaming insight to standardized tests.

Arthur Chu amazed and infuriated an equal number of "Jeopardy!" fans this spring when his unique approach to the game led him to win nearly $300,000 over the course of 11 games.

Chu's style of play was unusually aggressive and involved what many commentators referred to as "game theory," which incorporated tactics like buzzing in for questions he did not know the answers to and betting $5 on Daily Doubles simply to prevent his fellow contestants from scoring. "I knew there was a lot of backlash with other high-profile people who used this method had won on the show," he says. "Anytime anyone has done anything that makes the show harder to watch for the viewer, there would be backlash."

As we watched Chu's historic run, we began to wonder if his methods could be applied to tests like the SAT. He shares these tips with students.

Set a goal

"One thing I became aware of during my 'Jeopardy!' experience is that all that matters is that you win the game."
Chu, on why students should learn the tricks that will let them do so.

The writing section is simpler than you think

Chu says there is no need to be intimidated by this section. "If I were teaching the SATs now, I would never teach how to write a perfect literary essay. But you can teach students how to write an essay that will score well."

Be conscious of all of your choices

"Game theory is making choices," says Chu. "I would say that it's important for students to think about the stakes. A lot of people psych themselves out when it comes to the SAT. They think of the test as an all-important thing. But a game [like 'Jeopardy!'] is like a test in that it's being created by an institution that has a goal to achieve."

Arthur Chu won nearly $300,000 dollars over the course of his winning streak. / JEOPARDY!

Tip

Look for patterns

"I actually taught SAT prep a few years ago," says Chu. The trick to mastering the exam is to study past exams to get a feel for the patterns the test-makers tend to follow. "With reading comprehension, it's possible to do well on the questions without actually reading the relevant passage," he points out. "When you see certain words, you know you can expect a certain answer. ... You can kind of tell that if an answer choice is too opinionated and is passing a value judgement, that it is not going to be the right choice," he continues.

Test-takers should keep in mind that the educators that write the questions are striving to be as balanced as possible, and any question that seems to harshly criticize a character or historical event is likely incorrect, he says.

It's about repetition

"The big message is that the SAT doesn't test how smart you are, it tests how good you are at taking a test," Chu notes.

LAKSHMI GANDHI
@LakshmiGandhi
lakshmi.gandhi@metro.us

Those all-nighters can take a toll long after graduation.
WAVEBREAK MEDIA

Health. The school-to-work transition means jarring sleep changes for recent graduates

For recent college grads who are used to staying up late and sleeping in, switching to a regular job schedule might make it harder to function during the day, according to a small new study from Japan.

"We expected these results before the survey because some studies already suggested that acute change of sleep-wake pattern is likely to cause daytime sleepiness and/or psychological distress," says lead author Shoichi Asaoka of Edogawa University in Nagareyama.

In this study, the change in mental quality of life was larger than for physical quality of life, Asaoka says.

Past studies have found that shifting sleep patterns can affect performance and mental health for adults and teens.

College students typically stay up later and later every year they are at school, the researchers note. **REUTERS**

State University of New York
Brooklyn Educational Opportunity Center
Administered by the New York City College of Technology (CUNY)
BEOC offers tuition FREE academic preparation!

ACADEMIC PROGRAMS
• English for Speakers of Other Languages (ESOL)
• High School Equivalency Preparation (HSE)
• College Preparation

WHY CHOOSE BEOC?
› New York City College of Technology approved College Preparation Program
› New York State HSE/TASC Testing Site
› Free tutoring
› Instructor lead and computer based classes

MINIMUM QUALIFICATIONS FOR CONSIDERATION
• 18 years of age or older
• US Citizen, Permanent Resident or Refugee
• Resident of NY State for one year
• Individuals with 30 college credits or degree are not eligible
• Low to moderate income

INFORMATION SESSION
718-802-3330 or
admissions@beoc.cuny.edu

111 Livingston Street, Brooklyn, NY 11201 (Enter on Boerum Place)

APPLY TODAY
http://tinyurl.com/beocadmit

FOLLOW US
facebook.com/sunybeoc
twitter.com/sunybeoc

MTA .info

A Metrocard that refills itself.

You'll never have to wait in line to buy or refill an EasyPay MetroCard. Because it refills automatically as you use it. Create an account today, and in about three weeks, you'll receive your new EasyPay MetroCard in the mail. Use it right away and enjoy the benefits.

For more info go to **mta.info/metrocard/EasyPayXpress**.

2014 Metropolitan Transportation Authority

Special Bible Studies In Queens – July 14-18

The classes will meet three times each day, Monday through Friday, so you have three chances to make the same class each day.

Daily Class Schedule:

9:00 AM — Evidence for Faith #1
10:00 AM — God's Plan for the Ages #1

2:00 PM — Evidence for Faith #1
3:00 PM — God's Plan for the Ages #1

7:00 PM — Evidence for Faith #1
8:00 PM — God's Plan for the Ages #1

These studies are beginner level courses that will give you reasons to believe in God, Christ and the Bible. You will be given basic understanding of what the Bible and God's plan is really all about. By the end of the week, you should expect to have a solid foundation for understanding what God expects of you.

Free - No Registration
Bring a Friend!

Location:
103 Party Place
50-23 103rd Street
Corona, NY 11368

More information:
315-783-1495
315-783-1486

How a yearbook quote can predict the future

High school. These celebs hinted at their future plans in their senior quotes.

Did Tim Howard predict his World Cup performance back in high school? / GETTY IMAGES

USMNT goalkeeper Tim Howard turned millions of Americans into soccer fans this month with his performance at the World Cup.

It turns out that the 35-year-old Howard predicted his historic performance while he was still a high school senior in New Jersey in 1997. A user on Reddit uploaded a photo of Howard's North Brunswick High School yearbook page late last week. The goalie's quote: "It will take a nation of millions to hold me back."

Howard isn't the only celebrity to hint about their ambitions in their high school yearbooks. "Game of Thrones" star Peter Dinklage, who graduated from New Jersey's Delbarton School in 1987, chose a quotation from playwright and fellow actor Sam Shepard. "Words are tools of imagery in motion," Dinklage quoted Shepard as saying.

The Bronx's own Sonia Sotomayor fully embraced her social justice leanings when she chose a Norman Thomas quote for Princeton University's yearbook. "I am not a champion of lost causes, but of causes not yet won," is what the current Supreme Court justice chose back in 1976.

LAKSHMI GANDHI
@LakshmiGandhi
lakshmi.gandhi@metro.us

Sanford-Brown Institute

Become A Medical Biller.

Call to receive a careerbuilder® Career Guide.

877-346-8333
sanfordbrown.edu

Classes start July 21st.

711 Stewart Avenue | Garden City, NY 11530
120 E. 16th Street | New York, NY 10003

Licensed by the New York State Education Department. Sanford-Brown cannot guarantee employment or salary. Credits earned are unlikely to transfer. Find employment rates, financial obligations and other disclosures at www.sanfordbrown.edu/disclosures.679153 SBNY-36445 06/09/14

AINSWORTH INSTITUTE OF PAIN MANAGEMENT
"New York City's premiere center."

Avoid surgery, get fast pain relief!

Our doctors are experts in pain relief and minimally invasive procedures. Patients can go to work the same day of treatment and get fast relief.

- Most insurances accepted
- Worker's Comp & No Fault / Personal Injury accepted
- Same day appointments
- Sedation available for painless treatments

- Neck pain relief
- Low back pain relief
- Arthritis relief
- Hip pain relief
- Sciatica relief
- Shoulder pain relief

EXPERTS IN Knee pain relief

Board Certified Pain Physicians
Experts in back pain, neck pain, knee pain, and arthritis.

212-203-2813
CALL NOW for a complimentary MRI & X-Ray review
115 East 57th Street, Suite #1210, New York NY 10022
www.ainsworthinstitute.com

Accessible by E 4 5 6 N Q R F M BUS

www.metro.us

Brooklyn, Queens, Bronx, & Yonkers

EQUAL HOUSING OPPORTUNITY

AFFORDABLE HOUSING PROGRAM

NOTICE TO THE PUBLIC

ATTENTION New Yorkers
You Can Own A Home!
START WITH ONLY

Homes Available NOW!

$1500!

Renovated Move-In Condition Homes Available In Brooklyn, Queens, the Bronx and Yonkers.

MOVE IN WITHIN 30 DAYS OR LESS.
All homes come with new kitchens, new bathrooms and complete basements. Seller pays all allowable closing costs.

All you need is 3.5% TOTAL MONIES and you could become a homeowner. Good, Bad, or No credit, All Cases Processed.

www.yrentny.com
Hablamos Español

Open 7 days and evenings for this event

MUST REGISTER IN PERSON

CALL NOW FOR AN APPOINTMENT

718.480.7000

Y Rent NY LLC
NYS Licensed
Real Estate Brokers
116-10 Queens Blvd.,
Forest Hills, NY 11375

Study reveals the most expensive state schools

College tuition. Cuts in state aid to universities are part of the reason costs have gone up.

A study by the U.S. Department of Education shows that the main campuses of the University of Pittsburgh and Penn State University are the most costly four-year public colleges in the country.

The study, which used tuition figures for in-state residents for the 2012-2013 academic year, showed Pitt's tuition and fees, excluding room and board, at $16,590, and Penn State's at $16,444. The University of New Hampshire is a close third with the cost to state residents at $16,422.

The national average for in-state tuition at public colleges is $7,407. Out-of-state tuition is even higher.

Among the least expensive public colleges are Palm Beach State College in Florida at $2,378 and, at the bottom of the list, Haskell Indian Nations University in Kansas at $80.

"There is almost a direct correlation between decreases in state aid and increases in tuition," Ken Service, vice chancellor for communications at the University of Pittsburgh, says.

"Three years ago, we had a drastic, 19 percent reduction in state aid," he adds.

Service said Pennsylvania ranks 47th out of 50 states in the amount of support the legislature sets aside for higher education.

In a related development on Tuesday, the Pennsylvania legislature gave final approval to the annual budget appropriations for Pitt and Penn State, leaving them unchanged from the 2013-2014 academic year despite rising costs.

Penn State branch campuses comprised 15 of the 34 schools on the most-costly list released by the federal education agency. Pennsylvania has 94 private colleges, and critics have accused private colleges of lobbying the legislature to hold down assistance for the public schools.

Don Francis, president of the Association of Private Colleges and Universities of Pennsylvania, said that isn't true, but notes that if Penn State's tuition dropped even to the level of Ohio State University's at $10,202, his member colleges might be hurt.

"There is competition," he says. REUTERS

With tuition over $16,000, the University of Pittsburgh is the costliest state school in the U.S. / UIG VIA GETTY IMAGES

By the numbers

$16.5K

Tuition and fees, excluding room and board, at the University of Pittsburgh.

$7.4K

The national average for in-state tuition at public colleges, according to a study by the U.S. Department of Education.

Classes Start Soon!
7 DAYS UNTIL CLASSES BEGIN
Enroll at Mildred Elley – training programs focused on your career success.
• Business Management • Massage Therapy
• Medical Assisting • Paralegal Studies
CALL OR VISIT TODAY!
(866) 210-1579
mildred-elley.edu
MILDRED ELLEY
A career college in NYC
The Power to Change Your Life
25 Broadway, Floor 16, NYC
GI Bill Approved Accredited Member, ACICS
For program details and disclosures visit mildred-elley.edu/disclosures

A Career With A Great Future...It's Time.
Contact NYCI Today To Get Started!
Paralegal
Legal Assistant
Court Reporting
Closed Captioning
Medical
Office Admin/Billing & Coding
Health Info Technology
NYCI established 1941 NEW YORK CAREER INSTITUTE
The College of Legal & Medical Professions.
OPEN HOUSE
Wed., 7/9 11am & 5:30pm
& Sat., 7/12 11am
Call 212•962•0002 • www.nyci.edu
Day, Evening & Sat. Classes • Degree & Certificate Programs • Transfer Credits Accepted • VA Approved
11 PARK PLACE, NYC (Conveniently Located in Lower Manhattan)
For Disclosure Information, view Program Details @ nyci.edu

TURN YOUR PASSION FOR CARING INTO A REWARDING HEALTHCARE CAREER WITH STAR!
Train For a Career in Healthcare and Work in:
Hospitals • Doctors' Offices • Medical Clinics
Day/evening classes • Hands-on training • Financial aid (to those who qualify)
STAR CAREER ACADEMY
www.StarCareer.edu
GET STARTED TODAY!
212-430-3675 Call Now!
Manhattan Campus - 154 W. 14th St.
Licensed by N.Y.S. Ed. Dept.; Accredited by ACCSC.
For more information about our graduation rates, the median debt of students who completed the program and other important information, please visit our website at www.starcareer.edu/consumerinfo.php

LOW PROPERTY TAXES! EXPRESS COMMUTER BUSES (4 per hour) 90 mins to NYC!

Yes, you can own a brand new home for just $1,577 per mo.!*

IT'S THE SMART MOVE!

EVERY WEEK, MORE NEW YORKERS ARE DECIDING TO OWN, RATHER THAN RENT!

And just $6,997 Down! Classic has the values! Call us now!

All Classic Mainline Homes include land, up to 4 bedrooms, 2½ baths, garage, living room, dining room, complete appliance package, Central Air and Heat, landscaping, and a host of features. including permitting, driveway and well -- all included in the purchase price!

THE COUNTRY HOME -- *A Classic Mainline Home*

NOW $199,900

2,684 SQ. FT. • LARGE OPEN FOYER

$6,997 DOWN PAYMENT

$1,577* per month pays all including principal, interest, taxes and insurance!*

THE CAMBRIDGE -- *A Classic Mainline Home*

now $293,500

3,393 SQ. FT.! • Your Palace in the Poconos!

$14,675 DOWN PAYMENT

$2,012 per month pays all including principal, interest, taxes and insurance!*

Choose from Classic's Complete Line of Brand New Homes in the Poconos!

Buy a home now -- Get up to $5,000 toward Closing Costs!

ALSO AVAILABLE – Previously Owned Homes from just $80,000

CLASSIC QUALITY HOMES

Call toll free

1-800-276-4000

Visit our all-new website:

www.classicqualityhomes.com

Or text: cqh to 411669 to get text updates about our Home Buying Incentive programs

* Monthly payments based on FHA 30 yr. fixed interest rate of 4.5% with 5% APR with a finance cap of $271,000. Lower rates may apply to qualified buyers. All numbers are estimated. Conventional mtgs. also available. *Figures quoted above on Cambridge model based on conventional 30 year mtg.*

2 CULTURE

Frenemies

BFF minus the 'forever' for Lovato and Gomez

Demi Lovato unfollowed former friend Selena Gomez on Twitter. Drama! She also posted then quickly deleted a rather cryptic tweet: "Swimming away from the bulls— bye b—h." "Demi tried to help Selena with her substance problems and getting rid of Justin from her life and it is apparent Selena refused to listen to Demi's advice," a source says, according to Hollywood Life.

1

Simpson is a newlywed again

Jessica Simpson and Eric Johnson were married over the weekend in front of 250 friends and family at the luxurious San Ysidro Ranch, located in Montecito in Santa Barbara County, California, according to E! Online. The big day comes after months of planning and several years of engagement, as Simpson first confirmed her plans to marry Johnson in November 2010. They have two children together, 2-year-old daughter Maxwell and 1-year-old son Ace. As Simpson explained during a visit to "Good Morning America" earlier this year, there were no fears of either getting cold feet at this point. "I already feel like we're an old married couple," she said. "Like, if he wanted to run, he could've run when I was hormonal and pregnant."

After a four year engagement, Simpson and Johnson tied the knot.

ALL PHOTOS GETTY IMAGES

THE WORD

Ned Ehrbar takes on the world of gossip.

NED EHRBAR
@Nedrick
ned.ehrbar@metro.lu

SHOULD DRAKE BE REGRETTING HIS DECISION TO LET KANYE WEST TAKE THE HELM?

2

Calling Kanye West gets expected results

Drake may want to take a bit more care in selecting his next substitute to help out while he's felled by his current mystery illness. The rapper had to bow out of a recent appearance at the Wireless Festival in London and figured he'd make it up to the crowd by sending Kanye West in his place, according to Pitchfork. But West had other ideas about how to spend the evening. West, who performed with an odd-looking mask obscuring his face, stopped the show for one of his standard 15-minute rants, his auto-tuned words accompanied by a booing audience: "I'm not going to call no names, I'm not going to say Nike or anything. I'm not dissing Louis Vuitton, I'm not dissing the Gucci group and s—," he shouted. "I'm just saying, don't discriminate against me because I'm a black man, or because I'm a celebrity, to determine that I can't create. Cause, you know, no black guy or celebrity's making no Louis Vuitton nothing."

Quoted: Kanye West

"I'm just saying, don't discriminate against me because I'm a black man, or because I'm a celebrity, to determine that I can't create. Cause, you know, no black guy or celebrity's making no Louis Vuitton nothing."

Talking point

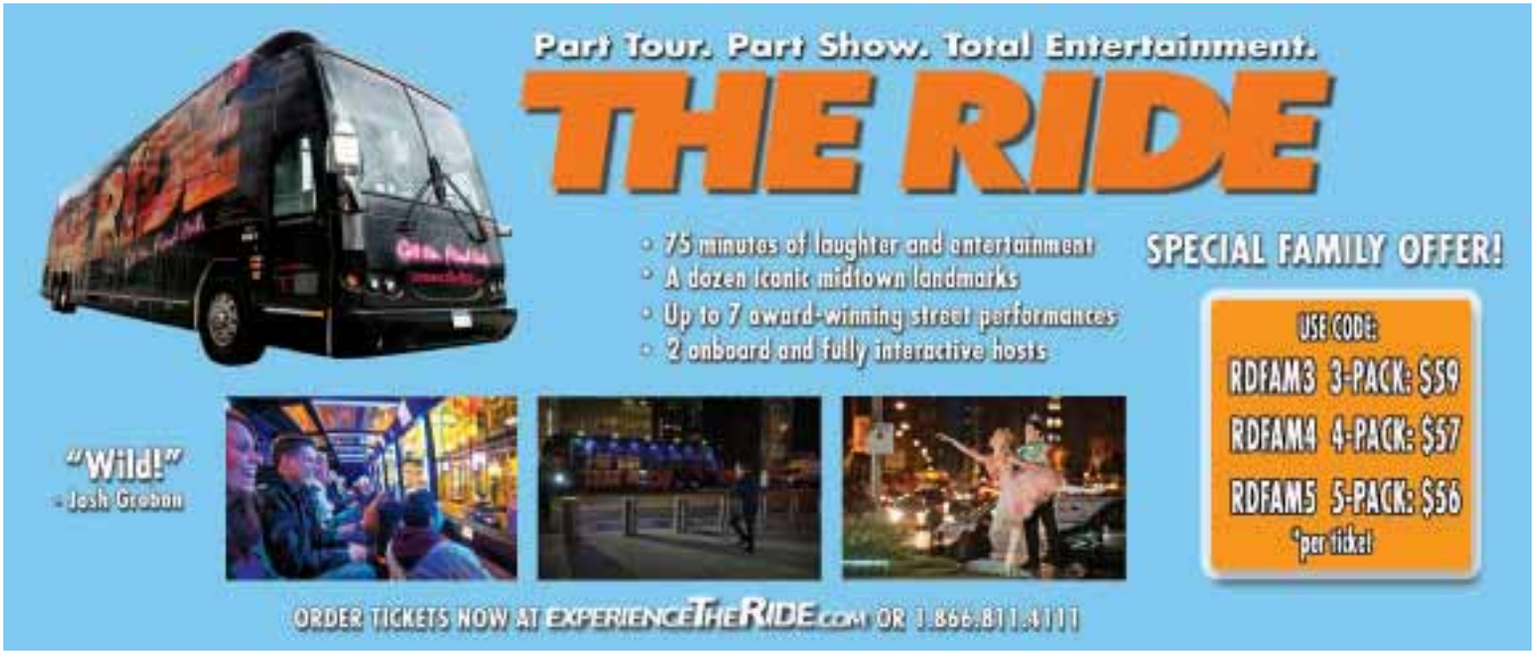
3

Biebs losing Gomez?

Justin Bieber returned to his favorite city for getting into trouble, Miami, and boarded a yacht for a private party filled with booze and scantily clad women. Not that he's trying to prove a point or anything. Photos show the 20-year-old slugging back beers, entertaining guests and wearing several types of hats but exactly zero shirts. The only thing missing from the party? On-again, off-again girlfriend Selena Gomez, who was living it up back in Los Angeles, celebrating the holiday at a party at Mastro's Ocean Club in Malibu.

BIEBS, ON A BOAT

But sources say the separation wasn't Bieber's idea, as he reportedly asked Gomez to spend the Fourth with him but she told him to buzz off. And speaking of independence, RadarOnline decided to celebrate the holiday weekend by posting a poll asking readers, "Should Selena dump Justin for good?" An overwhelming 90.05 percent answered with a resounding yes.


Part Tour. Part Show. Total Entertainment.
THE RIDE
• 75 minutes of laughter and entertainment
• A dozen iconic midtown landmarks
• Up to 7 award-winning street performances
• 2 onboard and fully interactive hosts
SPECIAL FAMILY OFFER!
USE CODE:
RDFAM3 3-PACK: $59
RDFAM4 4-PACK: $57
RDFAM5 5-PACK: $56
*per ticket
"Wild!" - Josh Groban
ORDER TICKETS NOW AT EXPERIENCETHERIDE.COM OR 1.866.811.4111

On the road again

Interview. Susan Sarandon didn't realize "Tammy" had similarities to "Thelma and Louise."

Twenty-five years after "Thelma and Louise," Susan Sarandon is taking a different kind of onscreen road trip with "Tammy." Sarandon stars as the alcoholic, pill-popping grandmother to the titular Tammy (Melissa McCarthy), out to cause trouble across the Midwest.

You've been doing a lot of interesting smaller projects lately. And even this, though it stars Melissa McCarthy, is from a first-time director.
Mark Duplass called me and told me to do this one, and then Mark and Jay Duplass called me to tell me to do "Ping Pong Summer." I always feel like if someone asks you to do something that's a favor to help get a film up, and it's a one-and-a-half week commitment, that's a hell of a lot easier than a month and a half.

I would imagine that happens a lot: smaller projects with first-time directors seeking you out.
Yes. And you know, sometimes it works and other times it's very frustrating. First-time directors are very often trampled on by whoever buys it or the studio or whoever. ... I mean "producer" is probably the job you can be the least qualified for. There can be nine producers on a movie — you know, they gave a little bit of money or knew somebody or whatever. But on this, everybody that was involved while we were shooting really, I felt, was very protective and very positive and lent their expertise.

Do you connect this film to "Thelma and Louise" at all?
You know, it's so funny that we didn't think of "Thelma and Louise." ... It didn't really come up while we were filming. And then a year later when we went to do the press photo shoot, they had a convertible and a desert setting, and I said, "Are you sure you want to do that? We're about to have another anniversary for 'Thelma and Louise' and I think there's going to be a lot of that." And they were like, "Oh my god, I never thought of that." And they struck the car! They took the car away! But while we were filming, it didn't actually come up. Maybe because it wasn't as cool a car, I don't know.

Or as serious a story.
Right. Although I don't know, I think of "Thelma and Louise" as being funny up and until the end.

Back in the day

Speaking of "Thelma and Louise," so far during your press tour, how many people have asked to take a selfie with you?
[Laughs] Nobody, nobody! Oh no, one on-camera reporter did. That's so funny that it became such a big thing. We just did it as an afterthought. And then we were doing the interview for the Hollywood Reporter, and at the end of it, I said, "Let's just do one," and we did one with my phone. [My dog] Penny tweeted it, and now it's a thing.

NED EHRBAR
@Nedrick
ned.ehrbar@metro.lu

Susan Sarandon is out to cause trouble as the alcoholic grandmother in "Tammy." / GETTY IMAGES

NEW SITE
LIBI NOW IN NYC
The college for business careers
Affordable Tuition
Convenient Location
Associates Degrees:
• Homeland Security & Security Management
• Emergency Care Management
• Hospitality Management
• Business Management
• Office Technology/Medical Office
• Accounting
• Court Reporting
Certificates(8 months)
• Digital Marketing
• Elder Care Management
• Health Administration & Technology
• Hospitality Management
• ESL Certificate
Vet Friendly
Immediate Decision Day Wednesday
Ask About Our 2+2 Bachelor Degree Transfer Option
Lifetime Job Placement Assistance
International Students Welcome!
GED+DEGREE Available
STATE AND FEDERAL FINANCIAL AID AVAILABLE TO THOSE WHO QUALIFY
Manhattan
408 Broadway, New York, NY 10013
212.226.7300
Queens
136-18 39th Avenue Flushing, NY 11354
718.939.5100
Commack
6500 Jericho Turnpike Commack, NY 11725
631.499.7100
www.libi.edu
For consumer disclosure. please visit www.libi.edu & click Consumer Information link.

Knee Arthritis Pain?
End Your Knee Pain Without Painful, Risky Surgery!
"Your #1 Choice for Non-Surgical Osteo-Arthritis Knee Pain Relief."
Why You Should Choose Us Today
Precision is the difference. Experience it!
No blind injections. We always hit the mark.
X-ray guided procedure ensures accuracy
As Seen on NY1 1010 WINS
Free Phone Consultation
To see a video of this incredible procedure visit:
www.KneesofNY.com
General 1 Medical P.C.
Most PPO insurances will cover this treatment*. We work with:
GHI MYHIP Empire Medicare Part B
*Coinsurance and deductible apply.
Most Insurances Accepted, Worker's Comp Accepted, No Fault/Car Accident Cases Accepted
1-800-77-Knees (56337)
130 William Street., Suite 903
Btw. Fulton & John St. - NYC 10038
Accessible by:
Call today to schedule your consultation!

Remembering Roger

Interview. Chaz Ebert reflects on the doc about her husband, Roger.

Chaz and Roger Ebert toasted at their wedding. / MAGNOLIA PICTURES

For years, Chaz Ebert stayed away from the spotlight while her husband, film critic Roger Ebert, was beamed onto the nation's TV screens. It wasn't until his illness robbed him of his speaking voice that she made herself more known. Since his death last spring, she has been instrumental in keeping his legacy alive, from maintaining his website to participating in "Life Itself," Steve James' documentary about him.

There are so many stories about Roger writing back to his fans.
My question is: How many Rogers were there? He wrote more reviews than anyone, he wrote all these books, he was teaching at the University of Chicago for 30 years. He was married and he had grandchildren. How many Rogers were there and how did he write back to all those readers? I don't know, and I lived with him for 24 years.

Writing about movies does mean writing about just about every topic. He wrote about everything, especially once he started blogging.
When he talked about movies being machines that generate empathy, he meant it. He was so curious. He loved learning about different cultures. We used to travel a lot. ... He spoke about spending two hours of your life in someone else's shoes — what it feels like to be a person of a different gender, a different age, a different race, a different sexual orientation, a different political belief. He embraced that.

MATT PRIGGE
@mattprigge
matt.prigge@metro.us

Chaz Ebert, who married Roger Ebert in 1992, appears in "Life Itself," a documentary about the late film critic's life. GETTY IMAGES

Bombshell

Before you met Roger, were you a fan?

I lived in Chicago, so I'm sure I must have read his reviews and watched his television show. Before we started dating, I didn't know his show was national. I also didn't know he had written "Beyond the Valley of the Dolls." I was in college during the Russ Meyer years, and college students loved Russ Meyer movies. I just had to go back and make sure it was good. I'm also — I'm reluctant to say this, but I have to tell the truth: Gene Siskel was my favorite at one time. Once I got to know them both personally, Roger was head and shoulders above Gene. And I loved Gene Siskel.

Scan to Win!
Enter to Win!
Call 212-779-8626 24/7
Book www.SmileArtistNY.com
50% off ends 7/15/14
This Week's Special 50% off:
Voted: Top Provider in US
invisalign
Express For $1999
Straight Teeth in 5 months, No Braces!*
Invisalign Express or Braces for $99/month*
www.Ortho99.com
To Get Your Free $100 Gift Card*
Call or Text the word SmileCafe
To 77286 by this Friday (limited supplies)
Dental Plan: Reduced to only $20/month!*
Implants/2 visit Extreme Smile MakeOver*
Proven Laser * Dentistry
BEST Fees & Quality Guaranteed on all procedures as low as $999*
Save ZOOM! Whitening
Now Only $199 – Exam/Cleaning $49*
snap on smile or
Natural Strong Dentures as low as $999*
Discover
Natural Veneers as low as $999*
"You too can have a Natural Gorgeous SEXY Smile for as low as $99/month* by NEW 3D imaging CAD/CAM Laser @ Relaxing Holistic Park Ave Dental Spa!*
1
2
3
4
5
6
Treatment of pain, Bad Breath/Halitosis, Gummy Smile, Gingivitis. Laser Dentistry, and 500+ other treatments.
*Promotions end 7/15/14. Must qualify. Limitations apply. Please visit site & call for details before making a commitment.

TIRED OF **MASKING** THE PROBLEM?

If you're one of the thousands who've been prescribed a CPAP mask to stop snoring and treat your sleep apnea, you already know that going untreated is not an option. Ignoring your condition can lead to serious health issues.

eOs sleep's Board Certified physicians offer many different treatment options, some can take as little as 20 minutes.

eOs sleep®
For the treatment of snoring and sleep apnea
eOssleep.com
Most Insurance Plans Accepted

20 East 66th Street, New York • 262 Central Park West, New York
589 Broadway, New York • 833 Northern Blvd, Great Neck
To schedule an appointment: 1-800-eos-sleep (1-800-367-7533)

Becoming a kid again

Interview.
The director of "Earth to Echo" wanted to make it look like it was shot by a 13-year-old.

Dave Green, center, is seen with a giant, not-very-portable camera in the found footage sci-fi adventure "Earth to Echo." / PATRICK WYMORE

Dave Green was once like the kids in his film "Earth to Echo," a found-footage entry about three friends who come to the aid of an alien.

"I constantly had a video camera," the director recalls. "I'd make films with my friends, or stop-motion shorts using my stuffed animals." Of course, this was back in the day. "There was no way to edit. You had to edit in camera," he says. "Now if I talk to the kids who are actually in the movie and say, 'I had to connect two VCRs and edit that way,' they'd be like, 'What are you talking about, grandpa?'"

Actually, "Earth to Echo" isn't really found footage — that would imply the footage was lost. In the world of the film, the three lead characters shot and, after the fact, edited it. To be more specific, it was edited by adults trying to act like kids with exponentially snazzier technology than they had when they were growing up.

"What made the movie exciting for me was that we were telling the story from a really distinct point of view, and that point of view happens to be from a 13-year-old," Green says. "He's able to pause the movie, fast-forward through the movie, skip through time and say, 'You know what, I'm embarrassed by this part. Let's not show it.' That idea cracked the egg on what the storytelling potential could be."

Of course, pretending to be a 13-year-old moviemaker can be difficult, though at least there are plenty of examples. "It only takes one look at Vine to see what's going on online — and to feel like, 'Oh, my god, I'm so old. My ideas are so old.' Because there's so much freshness."

MATT PRIGGE
@mattprigge
matt.prigge@metro.us

Kids save the day

I love the '80s

One of the main ideas behind making "Earth to Echo" was that it be nostalgic for Green and his regular writing partner Henry Gayden. "We were children who had grown up on these adventure movies that had kids as the main characters. We hadn't seen a movie like that in a long time," Green says. Indeed, along with "E.T.," a clear inspiration was "The Goonies," which also features a suburban neighborhood being uprooted.

Box office

'Transformers' tramples 'Tammy'

"Transformers: Age of Extinction" collected $36.4 million in ticket sales over the three-day July 4 weekend, storming ahead of new films "Tammy," "Deliver Us from Evil" and "Earth to Echo" to lead the U.S. and Canadian box office for a second consecutive weekend.

The blockbuster, starring Mark Wahlberg and a cast of form-changing robots, had the year's biggest opening weekend a week ago with $100 million in sales.

The comedy "Tammy," starring Melissa McCarthy as a fast-food worker who has a very bad day, was second with $21.2 million, according to studio estimates. Horror film "Deliver Us from Evil" generated sales of $9.5 million for third place.

"Transformers: Age of Extinction" has enjoyed a huge worldwide reception, generating more than $212 million in China alone, where it had a flashy star-studded premiere. "Tammy" fell short of industry experts' $24 million estimate on the heels of weak reviews. The film was written by McCarthy and her husband Ben Falcone, who also directed. REUTERS

clubmetro

WIN A KINDLE PAPERWHITE!
Unlike tablets, Kindle Paperwhite is designed to deliver the best reading experience.
Text and image from amazon.com

For your chance to win, log on to
CLUBMETRO.METRO.US

Sign up for Club Metro and stay in the loop to win great prizes and receive special deals!

Do You Suffer from
Varicose Veins?
212.204.6501

Certified by the American Board of Venous and Lymphatic Medicine

ADVANCED VARICOSE VEIN
TREATMENTS OF MANHATTAN

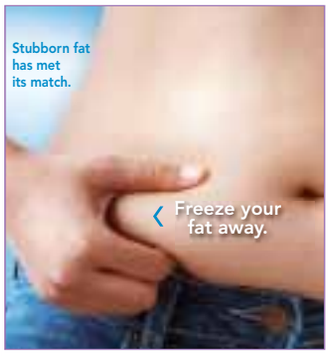
Get rid of …
- **Venous Ulcers**
- **Spider Veins**
- **Leg Swelling, Fatigue and Pain**

Covered by most health insurances including Medicare

Return to Your Normal Activities Within a Day!

Hablamos español • Говорим по-русски
www.TreatmentsOfManhattan.com
drlev@treatmentsofmanhattan.com

Downtown Manhattan
111 John St., Ste 1450, New York, NY 10038
(bet Pearl & Cliff St.)
Fulton St. Station: 2, 3, 4, 5, A, C, J, Z



Transform yourself without diet, exercise or surgery.

CoolSculpting® is the revolutionary body contouring treatment that **freezes and naturally eliminates fat from your body.**
There are no needles, no special diets, no exercise programs and best of all – **no downtime**. **FDA-cleared, safe and clinically proven**.

BEFORE | 12 WEEKS AFTER FIRST TREATMENT | 4 WEEKS AFTER SECOND TREATMENT
Procedure by Ivan Rosales-Berber, MD

FREE CONSULTATION
113 East 39th Street
New York, NY 10016
866-634-4777

LEXINGTON PLASTIC SURGEONS

www.LexingtonPlasticSurgeons.com

New York City's Premiere Medi-Spa and Wellness Center

manhattan **total health**

SPORTS MEDICINE • PHYSICAL THERAPY • CHIROPRACTIC
ACUPUNCTURE • MASSAGE THERAPY

Grand Central:	Midtown:	West Side:	Wall Street:
144 E. 44th St., 6th Fl.	22 E. 49th St., 5th Fl.	57 W. 57th St., Ste. 1012	39 Broadway, Ste. 610
New York, NY 10017	New York, NY 10017	New York, NY 10019	New York, NY 10006
(212) 905-0090	(212) 832-9127	(212) 906-0140	(212) 514-5868

www.manhattantotalhealth.com

Neon Trees play SummerStage in Central Park tonight at 6. Tickets are $35. Go to www.ticketmaster.com for more information. / ANDREW ZAEH

'Everybody Talks'

Turning heads. Neon Trees front man Tyler Glenn says coming out has led to their new album having more depth with fans.

Neon Trees front man Tyler Glenn has never shied away from being himself on stage, but with the release of a new album, "Pop Psychology," he decided to share more about his private life. In April, he came out as gay via a Rolling Stone interview. And not only gay, but a gay Mormon, an unusual combination in pop culture. It capped a rough period in Glenn's life, when he was having trouble keeping his cool on stage. With the help of a therapist and a supportive producer, Glenn decided to come out publicly.

Glenn only started coming out to people in his life during the tail end of making "Pop Psychology." After working with producer Tim Pagnotta to finish the album, Pagnotta expressed some curiosity about what the new songs were about, and Glenn opened up.

"I think his reaction inspired me to tell everyone else because he responded in such a loving, almost congratulatory way, which was really something I never put together with being gay," says Glenn.

That said, he's pleased to be a spokesman for equality for people who are both gay and religious. "A lot of the time we see in the media, like, it's either religion or it's being gay, and I think the two can live in the same sphere," says Glenn.

Asked if he thinks it's important for public figures to come out, Glenn replies honestly, "I used to not. I get people doing it on their own time, in their own way, and I don't know everyone's situation, but I do think it's important."

Of course, his news has "turned a lot of heads in Utah," where he lives, but he says he's happy to be an exemplar on this front, despite past discomfort with the idea: "I'm really glad that some people feel like they have a voice now, and ... if that's the role model I can be, then I'm comfortable with that."

B sides

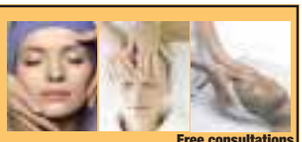
Honesty in songwriting

For those wondering if Glenn was trying to hide something on prior records, he says he thinks the older songs are honest representations of who he was at the time. In the song "Teenage Sounds," off the band's second record, "Picture Show," the lyric "I'm sick of being called a fag because I'm queer" once reflected people's reactions to his flamboyant style of dress. "Now that means more to me, and I think it [also] means more to [other] people," he says.

LISA WEIDENFELD
@LisaWeidenfeld
lisa.weidenfeld@metro.us

ESSENTIAL Day Spa & Cosmetics Inc.
www.essential-skin.com

Specializing in **Problem Skin**
Licensed Professionals
First Time Clients Only


Free consultations

Treat yourself to the gift of beautiful skin; We offer results, not promises!
"Body Massage + Facial $99 • Eyebrow / Eyeliner Tinting $25 • Ear Candeling $50"

Diamond Microdermabrasion Only $50
for acne scars, sun damage skin, fine lines, wrinkles, discoloration, blackheads.

Botinal Wrinkle Treatment Reg $160 **$125**
formulated with "Botox® - Like" effect without injection. Effectively reduces the appearance of wrinkles and crow's feet after only one treatment.

Acne Treatment w/Glycolic Acid Peel Only $45
For oily and blemish skin with excessive blackheads/whiteheads, acne scars and discoloration.

Back/Chest Deep Pore Cleansing $75/$35

Deep Cleansing Facial Reg $75 **$40**
Deep cleans and refreshes all skin types.

Brightening Peel Reg $125 **$75**
An antioxidant peel that helps to brighten and lighten discolored skin with highly concentrated L-Vitamin C and L-Retinol. All skin types.

Body Slimming Wrap or Salt Glow Special $50
Sea salt scrub to exfoliate and polish or herbal slimming wrap to move toxins and promote inch loss.

Back/Chest Glycolic Peel Only $55/$30

247 E. 50th St. 2 Fl NYC • Trains: E M 6 to Lexington Ave., 51st-53rd Street
4 5 6 7 and S to 42nd Street-Grand Central Terminal • Tel: 212-588-8866/212-253-9693

‘What kind of man are you?’

Palombo’s work shows that behind a couple’s happy faces can lurk something many either ignore or may not even notice. / PROVIDED

Domestic violence. An Italian artist wants people to realize abuse can happen to anyone.

They are faces you’ve seen, but never like this. They’re families you’ve shared dinner with, women whose adventures you’ve read about, men who could be your neighbors — people you think you know.

That’s the point of Italian artist AleXsandro Palombo’s latest “social campaign,” No Violence Against Women, which calls attention to domestic abuse through the battered faces of famous cartoon women and their partners.

“I’ve decided to launch this new series because I wanted to give visibility to a problem that affects a great amount of women all over the world,” he told Metro in an email.

Palombo is known to make his points through cultural icons — he previously depicted fashion moguls including Vogue’s Anna Wintour and Karl Lagerfeld wearing Bambi for an anti-fur ad. This time, he chose the familiar faces to make a point: that domestic violence is so prevalent, its victims and perpetrators could be anyone.

“Have you ever seen a very normal couple walking on the street, and then a glimpse of the woman’s face, bruised? In many cases, monsters are apparently very normal people,” he said.

According to a 2013 study published in the journal Science, more than 20 percent of women ages 15 and older in North America have suffered some form of violence by their boyfriend or husband.

Palombo is concerned about the commodification of women through advertising and fashion, a trend he wants to see reversed by nurturing respect. His art is intended to give a voice to domestic violence victims, as many may be ashamed to ask for help or believe the abuse is justified because of something they did, he said.

Breaking domestic violence laws, where they exist, should be met with severe punishment, Palombo said, but hopes his work inspires a more personal call to action: “In my opinion, [it] should be men themselves to fight against men who abuse women all over the world.”

EVA KIS
@thisiskis
eva.kis@metro.us

PLUS

Quoted

“Have you ever seen a very normal couple walking on the street, and then a glimpse of the woman’s face, bruised? In many cases, monsters are apparently very normal people.”

AleXsandro Palombo

Are you looking for high quality and low cost dental implants?

Dental Implants NYC

564 W 160th St
New York NY 10032

2685 Grand Concourse, Apt 1F
Bronx NY 10468

750 McLean Ave.,
Yonkers, N.Y. 10704

425 Madison Avenue Suite 1800
New York, NY 10017

We have the same quality at less than ½ the price!

Phone 212-740-5445
www.dental-implantsnyc.com
Call now for FREE consultation

$999 for Implant, Abutment and Crown
Regular Price $3,295

SUMMER SPECIAL

$395* Implant
+ post $545
+ Crown $695
(Nobel Biocare ONLY $100 add’l)
*Implant, post & crown must be completed at our office to qualify for promotional fees

Total complete tooth replacement $1635
OFFER EXPIRES July 31, 2014

Contemporary Dental Implant Centre

CONTEMPORARY DENTAL IMPLANT CENTRE
mention you saw us in Metro

8 Convenient Locations
Speak with your Smile Today!

41st & Mad Ave.
Brooklyn, Rego Park
Scarsdale, Smithtown
Valley Stream
Massapequa Park
Stratford Ct

CT Scan-3D Views of the Jaw now available at our Madison Ave. location.

FREE CONSULTATION
Over 2,000 implants placed each year.
Now Open in Stratford Connecticut
REPLACE MISSING TEETH PERMANENTLY
Must bring in ad at the time of consultation.

CALL 212-269-9500 TODAY!
Se Habla Español
WWW.CDImplants.com
OPEN 7 DAYS A WEEK

Health notes

Runners, slow down

Set aside your sneakers to improve your chi and your posture with Saysha in Brooklyn tonight. The yoga class, offered by JackRabbit Sports, uses an "intelligent, alignment-based practice" and aims to enhance your breathing to make your pavement pounding a more relaxed and efficient affair. Remember, while you can't control pedestrians or cars, inner peace begins with you. **Free, 6:30 p.m., 151 Seventh Ave. BYO mat and e-RSVP to custserv@jackrabbitsports.com**

Get in the spirit of the Tour

Mio, a new skincare line, is hosting a series of Workout Wonders workshops around the city where you sweat, then get "Mio'd" with mini spa treatments, LuliTonix refreshments and other swag. The next class will be July 15, when Cyc method creator Keoni Hudoba leads a 45-minute indoor cycling celebration of the Tour de France. A portion of proceeds will benefit Look Good Feel Better, a charity that helps women with cancer. **$20, 6:30 p.m., July 15, www.wellandgoodnyc.com**

Pretty hurts, but not your wallet

The Founding Fathers aren't getting any younger, but you can feel better for a discounted rate. Through July 15, BFX Studio is extending its Founder's rate of $199 per month for unlimited classes instead of the usual $249. Email events@bfxstudio.com or call 917-382-5573 and mention the code word "fireworks." **555 Sixth Ave.** EVA KIS

Cyc Fitness is indoor cycling with a nightclub vibe.
KEONI HUDOBA, TWITTER

A LEAGUE OF YOUR OWN

Soccer is the world's most popular sport, so go see what all the fuss is about! / PHOTODISC

Soccer. Find a place to play the beautiful game in the city.

Few expected Team USA to make it out of their "Group of Death" in the 2014 World Cup. Despite last week's gutting last-minute loss to Belgium, enthusiasm for soccer hasn't been this high since David Beckham joined the Los Angeles Galaxy. If you're gripped by soccer fever, here's how to get your fix of the game both indoors and outside.

NYC Parks and Rec

Why not play where you already hang out? The Parks Department has soccer pitches across the city where you can get your footie on for free. For organized league teams, you must apply online for an athletic field permit. **www.nycgovparks.org/facilities/soccer**

NYC Soccer

Now in its sixth year, NYC Soccer spans the city with a network of more than 3,000 members. The highly organized co-ed league caters to intermediate-level players at locations in Brooklyn, Manhattan and Queens. Registration costs $150. **www.nycsoccer.com**

Bay Ridge Pick Up Soccer

"It's mainly about fun" is the ethos of this casual group, which meets every week at Dyker Beach Park in Brooklyn. All levels of experience are welcome, and make sure to pack a black and a white T-shirt. A $3 fee goes toward equipment costs. **www.meetup.com/Bay-Ridge-Brooklyn-Pick-Up-Soccer**

Urban Soccer

If you're serious about soccer this year-round league has indoor and outdoor events, competitive intermediate leagues and Sunday pick-up games. Matches are held all week at fields throughout Manhattan. Registration for male, female or co-ed leagues is $175. **www.urbansoccer.com**

First Touch FC

Prefer to get your footie in before your morning meeting? This group holds free games every Tuesday and Thursday from 7:30 to 8:30 a.m. at Bushwick Inlet Park. Although it is open to all, it is frequented by intermediate and advanced players. **www.meetup.com/FirstTouchFC/**

For the novice

510soccer

If you don't quite have the skills to do the sport justice, 510soccer offers training in all aspects of the game. No word on whether or not how to bend it like Beckham is covered, though. Classes are held Wednesday and Saturday at East River Park and cost between $75 and $95 for four weeks. **www.510soccer.com**

For charity

Play Soccer 2 Give

Every Saturday, PS2G meets up to play for a worthy cause. The organization raises funds for the South Bronx United soccer club, a nonprofit youth development organization. Games are held from 8:45 a.m. to 10:30 a.m. in Long Island City, Queens. Registration is $8. **www.playsoccer2give.com**

Group Stage

Pick-up games, adult leagues and a kids program are open to all, with a co-ed season starting July 12 in the Lower East Side. They are also looking for volunteers if you're not quite cleats-ready. Registration is $100. **www.group-stage.com**

SAMAR KHURSHID
metronewyork
letters@metro.us

QUALITY DENTURES
THE SAME DAY
NY's Place for same day dentures for over 35 years
Smile with Confidence
NEW PATIENT PACKAGE
MAINTENANCE CLEANING DIGITAL X-RAYS $89
With this ad only. One per patient. First visit only. Coupon expires 7-31-14
NEW PATIENTS ONLY
ONE DENTURE RELINE $194
With this ad only. One per patient. First visit only. Coupon expires 7-31-14
DENTURE REPAIRS AND RELINES WHILE-U-WAIT! FREE CONSULTATION
You Can't Afford to go Anywhere Else!
MOST INSURANCE PLANS & NY STATE MEDICAID WELCOME
Senior Cit. Discounts on new dentures and crowns
Full Service State of-the-Art Cosmetic Dentistry
224 West 35th St., New York, NY 16th Floor (between 7th and 8th Avenues)
CALL NOW!
212-689-0024
www.denturecenter.com

Is your eating out of control?
A major New York City medical center is looking for women who want help with binge eating and vomiting to participate in a research study on eating patterns, weight, and metabolism.
After you complete the 3-week study, you will be offered treatment for FREE.
To find out if you are eligible, and for more information, call:
646-774-8066
and check out our website:
www.columbiaeatingdisorders.org

$1 ZOOM! Laser Teeth Whitening
(w/Check-up and Cleaning*)
*covered by your PPO Dental Plan
As seen on TV DR. STEVE
Up to 12 Shades Whiter in just 1 hour
Call (212) 537-6923 - Open Weekends and Evenings
ZOOM!
30 East 40th St. #105 • 1 block from Grand Central Station
Ph (212) 537-6923 • www.Zoomfor1.com (exp 7/31/14)

BE MORE PRODUCTIVE AND AVOID DISTRACTIONS

Companies are putting more pressure on employees than ever before and pushing them to do more with fewer resources. Furthermore, there's an expectation that you're always answering work emails, regardless of day of the week or if you're on vacation.

A new study by CareerBuilder found that the biggest distractions that workers have are their cell phones (50 percent), gossip (42 percent) and the Internet (39 percent). It is to your benefit to learn how to tune out distractions. Here are my tips for being more productive at work:

Start with tasks to complete quickly

This way, you can get the smaller stuff out of the way and give more of your attention and effort to the bigger projects.

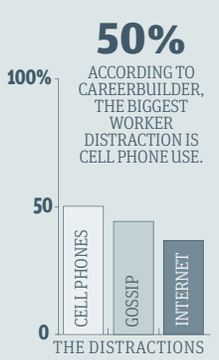
Are you surfing the Web when you should be working? / LIGHTWAVEMEDIA

Tip

Don't multitask

I fall into this trap all of the time, and most millennials do too. We try and do multiple projects at once and end up not getting anything done. Research shows that multitasking decreases productivity. If you give each individual task the attention it deserves, you'll be more effective.

Pardon the interruption



Use a calendar

I use my iPhone calendar to run my life. A very useful trick I've learned is to set two reminders for every event. One reminder is set for the day before and the other happens 15 minutes before. This way, I never miss anything.

Jobs advice

DAN SCHAWBEL

DANSCHAWBEL.COM

Dan Schawbel is a workplace expert, keynote speaker and author of The New York Times best-selling book, "Promote Yourself: The New Rules For Career Success."

Metro does not endorse the opinions of the author.

FT/PT DRIVERS WANTED
For Bronx Based Access-A-Ride Company

- Must be at Least 21 Years Old
- Clean NYS CDL Drivers License
- Type C with Passenger Endorsement Required
- Knowledge of Five Boroughs a Plus

We Offer: Paid training after course completion and start in revenue service, Paid Sick and Personal Days, Paid Holidays, Two Weeks Paid Vacation After One Year, Medical Benefits, Competitive Salary, Safe Driving and Attendance Incentives.

Applicants Must Apply in Person at:
2383 Blackrock Ave., Bronx, NY 10462
Contact: Roger Izzi at **718-828-2472** ext 201
or rizzi@cbttrans.com 9:00 am - 2:00 pm

Do you have
CHRONIC OBSTRUCTIVE PULMONARY DISEASE,
also known as
COPD?

Chronic obstructive pulmonary disease (COPD) includes **chronic bronchitis** *and* **emphysema**.

If you have **COPD**
you may be interested in volunteering for our
COPD CLINICAL RESEARCH STUDY.

Qualified participants must:
- Have COPD
- Be 40 years of age or older
- Be a current or former smoker

Those who qualify receive study-related exams, evaluations and study drug or placebo at no cost.

Medical insurance is not required and compensation for time and travel may be provided.

For more information, call
Parker Jewish Institute for Health Care & Rehabilitation **718-289-2103** MYCOPDstudy

THE SECRET INGREDIENT IS YOU

FIND YOUR FUTURE IN CULINARY ARTS AT ICE

2013 Winner • IACP Cooking School of the Year

AWARD-WINNING DIPLOMA PROGRAMS

- Culinary Arts
- Pastry & Baking Arts
- Culinary Management
- Hospitality Management
- 6-12 Month Programs
- Externships, Networking & Job Placement Assistance
- Full & Part-Time Schedules

ICE Institute of Culinary Education
EST. 1975

Find your culinary voice™
ice.edu/icemetro | 888-693-CHEF
50 West 23rd St • NYC

Horoscope

Cancer | June 21-July 22. People will think you're pushy if you try to make plans for everyone around you. Listen and learn.

Leo | July 23-Aug. 22. Show some consideration. Not everyone will opt to do things your way. Give your friends and family breathing room while you master your skills.

Virgo | Aug. 23-Sept. 22. Make your own decisions. Let everyone know that you won't be pressured into doing something that goes against your morals and beliefs. Take control.

Libra | Sept. 23-Oct. 22. You'll have plenty of energy today. No one will be able to keep up with you, making it easy for you to outdo the competition.

Scorpio | Oct. 23-Nov. 21. An escalating problem in a personal relationship could lead to estrangement if it's not handled discreetly.

Sagittarius | Nov. 22-Dec. 21. Don't assume that everyone who asks for a donation is with a legitimate organization. If you are at all suspicious about the request, walk away.

Capricorn | Dec. 22-Jan. 20. Opposition will set you back. If you find a way to compromise, it will be easier to reach your goals. Keep life simple.

Aquarius | Jan. 21-Feb. 18. Friends and colleagues will be bowled over by your unique ideas. Find a platform where you can present your vision.

Pisces | Feb. 19-March 20. It's necessary to keep up-to-date with your banking records. Go over your statements meticulously and investigate any questionable withdrawals.

Aries | March 21-April 20. If someone is not being honest, ask direct questions. You can't enter into an endeavor if you don't know where you stand.

Taurus | April 21-May 21. You will feel stressed when dealing with relationships. Take a step back from the situation before you do or say anything.

Gemini | May 22-June 20. Take a break from your routine. You deserve a rest, and spending some time outdoors or simply relaxing will help your state of mind. BERNICE BEDE OSOL

Sudoku: Easy and hard

					9	1		5
1	2		6	4				7
		8			3			
	8	6			1		9	
			3		4			
	7		2			6	3	
			1			5		
8				5	6		7	3
9		5	4					

1	7		8			6		
3		6	9					
8				1				2
		2		3		9		1
	1						4	
4		5		6		3		
2				4				9
					8	4		7
		7			1		8	3

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

Women get a raw deal

Re: 'Pursuit of pleasure not protected' (Metro, July 3-6) The reason women are upset about the Supreme Court's Hobby Lobby decision is an undercurrent in the letter from Justin Dobbs. Women carry the burden of unprotected sex, not men. If a child is the result, a man can just walk away, but the pregnant woman must decide to carry a baby to term or abort the fetus. This is the harsh reality of the gender difference. Abortion is a heartbreaking act, which in my opinion, should not be used as a form of birth control. I don't understand why birth control is under attack — is it not better to prevent an unwanted child rather than to abort it?
MARION LANE, VIA EMAIL

No one's taking your birth control

You would think every woman in America will no longer have access to birth control products. You just have to do a little research (not much) to find out that 16 contraception items will still be paid for by Hobby Lobby for their employees. Four products will no longer be paid for, and the women who want them will have to pay for them by themselves. No one has taken away a woman's right to choose any contraception item.
J. BACHMAN, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Visit us online at **Metro.us.**
Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.

Crossword

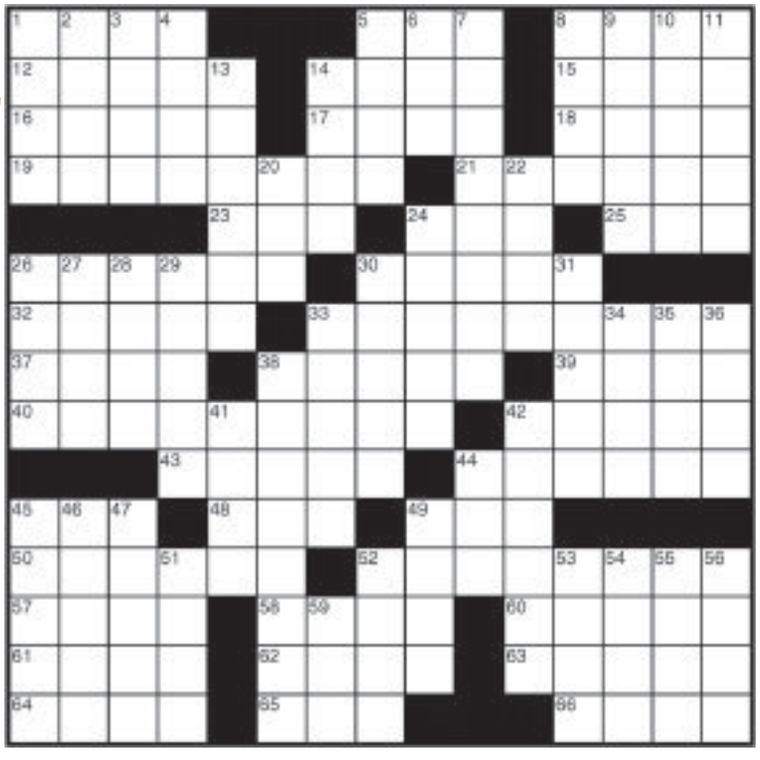
Across

1 Jokesters
5 Cat or turkey
8 Checkbook no.
12 Certain wolf
14 Feng —
15 Wave cutter
16 Chicago's airport
17 Mack and Turner
18 Blister or scrape
19 Gradually diminish (2 wds.)
21 Curly or Moe
23 Bro or sis
24 Whirlpool locale
25 Frontier's — Carson
26 "Venus" singer
30 Spreads out, as a map
32 Playing card
33 Shining on and off
37 Mingle
38 Clan leader
39 Gas or tel.
40 Dentist's supply
42 Sticky-footed lizard
43 Unfledged
44 A nut
45 Tooth-fillers' org.
48 Demolition need
49 Finish
50 Shop equivalent (2 wds.)
52 Wallaby or joey
57 Mild rejoinder
58 Frau's spouse
60 Checkups
61 Dress style
62 Fiendish
63 Entirety
64 Find a chair for
65 — Plaines, Ill.
66 Mad emperor

Down

1 Pooch's comment
2 Turkish official
3 In a buoyant mood
4 Desiccated
5 The other guys
6 Belly dance instrument
7 Squander
8 Lhasa —
9 Ponzi scheme operator
10 Welsh dog
11 Bird's melody
13 Motive
14 Wild guess
20 Prevail
22 Skimpy pullover
24 Steeple top
26 Club, briefly
27 Nix
28 Tel —
29 Bad, bad Brown of song
30 In debt
31 Swings around
33 Pollute
34 Have a need to scratch
35 Running shoe name
36 Burn softly
38 Put to sea
41 Sheepfold
42 Gizmo
44 News network
45 Throat clearers
46 Ranch stray
47 Fridge maker
49 Tarzan's title
51 Shorten an article
52 Mr. Kristofferson
53 Nerve-cell part
54 Hourly fee
55 Sharif or Bradley
56 Nobel Prize city
59 Festive night

Yesterday's answer



metro **As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries.** • • **Metro New York** 120 Broadway, New York, NY 10271 • **main** 212-457-7790 • **to advertise** 212-457-7735 • **sales fax:** 212-952-1505 • **National and Executive Sales Director** Ed Abrams • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** advertising@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Editor in Chief** Aleksander Korab, aleksander.korab@metro.us • **Managing Editor/ Sports Editor** Mark Osborne, mark.osborne@metro.us • **National News Editor** Jill Gadsby, jill.gadsby@metro.us • **City Editor** Allen Houston, allen.houston@metro.us • **Features Editor, Music Editor** Pat Healy, pat.healy@metro.us • **Deputy Features Editor, Home/Style/Food Editor** Tina Chadha, tina.chadha@metro.us • • **TV Editor** Lisa Weidenfeld, lisa.weidenfeld@metro.us • **Film/Tech Editor** Matt Prigge, matt.prigge@metro.us • **Wellbeing/Going Out/Travel Editor** Eva Kis, eva.kis@metro.us • **Careers/Education/Dating Editor** Lakshmi Ghandi, lakshmi.gandhi@metro.us • **Copy Chief** Tracie Michelle Murphy, tmichelle.murphy@metro.us

5 Pitchers Yankees may seek in trade

The Yankees received a large serving of bad news over the long Fourth of July weekend when CC Sabathia woke up the day after a rehab start with swelling in his injured right knee.

Sabathia was immediately shut down and will travel to visit Dr. James Andrews this week to see whether he needs microfracture surgery for the chronic injury.

No one knows whether Sabathia will need the surgery, or how and when he will return, but the Yankee rotation, which was already hurting, is even more in dire need of an addition before the July 31 trade deadline.

The starting pitching market got off to an early start over the July 4 weekend as well. The Cubs dealt starters Jeff Samardzija and Jason Hammel to the Athletics for top prospect Addison Russell. CBS Sports' Jon Heyman reported the Yankees were in the Samardzija hunt, but came up short compared to Oakland's package.

The Yankees dealt Vidal Nuno for Brandon McCarthy on Sunday, but his 5.01 ERA in Arizona should tell you more help will be needed.

Visit **Metro.us** to see who else could be on the Yankees' wish list.

MARK OSBORNE
@MetroNYSports
mark.osborne@metro.us

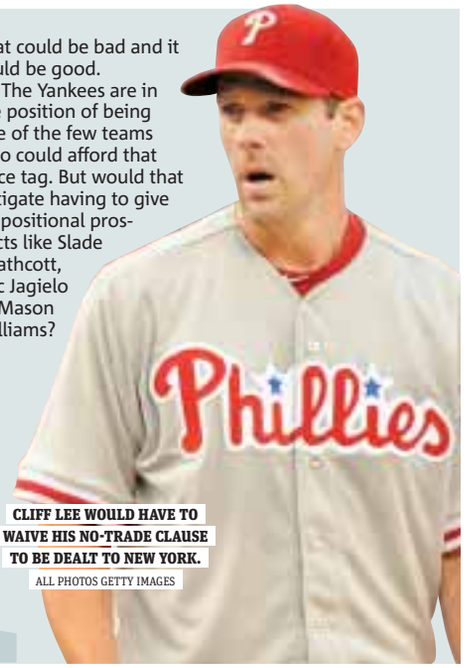
Cliff Lee

The Yankees seem to always be looking to add Cliff Lee, don't they? Well, they have another opportunity after striking out in the free-agent market prior to the 2011 season. The Phillies are a miserable 14 games under .500 and their over-the-hill roster is showing no signs of a turnaround.

Lee is pitching well as usual. He's 4-4 with a 3.18 ERA and 61 strikeouts in 68 innings. He's only given up nine walks and five homers pitching in a bandbox. He also slots right into the rotation as a lefty to replace Sabathia. But Lee is due $25 million in 2015 and — if he pitches 200 innings next season — another $27.5 million in 2016.

That could be bad and it could be good.

The Yankees are in the position of being one of the few teams who could afford that price tag. But would that mitigate having to give up positional prospects like Slade Heathcott, Eric Jagielo or Mason Williams?



CLIFF LEE WOULD HAVE TO WAIVE HIS NO-TRADE CLAUSE TO BE DEALT TO NEW YORK.

ALL PHOTOS GETTY IMAGES

KENDRICK HAS A CAREER 3.50 ERA IN RELIEF.

Kyle Kendrick

Is Lee too expensive? How about the Phillies' cheaper model — Kyle Kendrick?

Like Lee, the Philly starter could be unloaded, but he'd be ditched only for prospects. Kendrick is a free agent after the season though, so he won't cost you elite prospects.

The 29-year-old righty is not as bad as his 3-8 record would indicate. He has a 4.12 ERA and has allowed just 114 hits in 109 1/3 innings. Kendrick is also a good defensive pitcher on the mound. He's not a top-of-the-rotation starter, but you could do worse. And his bullpen experience could come into play in the postseason.

DE LA ROSA WAS SUPPOSED TO BE A GEM OF THE DEADLINE.

Jorge de la Rosa

The Rockies have packed it up for the season with a 2-8 record over their last 10 games to fall to 12 games back in the NL West.

Jorge de la Rosa was supposed to be the ace of their rotation.

Instead, despite his nine wins he has a 4.75 ERA after going sub-3.50 last season. And don't blame it on Coors Field, where de la Rosa actually has an ERA two runs lower than on the road in 2014.

But he is a left-hander just like Lee who could slot right into the spot vacated by Sabathia. The Yankees have no lefty in the rotation since trading Nuno. De La Rosa is a free agent after the season.

By the numbers

5

De La Rosa has had a strikeouts-per-nine-innings ratio over eight five times in his career, but not since 2010.

Collin McHugh

The former Met has been shockingly good for the Astros this season. The 27-year-old is probably not part of the Astros' future, and they'll take prospects for anyone anyway. (Don't tell Houston you eventually have to field a competitive team.) McHugh is 4-7 with a 3.22 ERA and 89 strikeouts in 78 1/3 innings this season. He's given up an absurdly low 54 hits. Nothing in his past indicates he's anything better than a fifth starter though.

Colby Lewis

No one expected the Rangers to be 12 games under .500 on July 4. But they are, and with the A's running away with the division, Texas is 16 games back in the AL West already. Colby Lewis is a big reason why they have underachieved. The 34-year-old is coming back from hip surgery and it's not gone as well as hoped. From 2010 to 2012, the righty was 32-29 with a 3.93 ERA and 458 strikeouts in 506 1/3 innings. He's just 5-5 with a 5.71 ERA this season though. But the numbers aren't all bad. His 7.7 strikeout-to-walk ratio is in line with 2011 (7.6) and 2012 (8.0) and his FIP (fielder-independent pitching) is 4.13. In other words, he was good before the injury and he has upside. Most importantly, he won't cost you a meaningful prospect as a free agent at the end of the year.

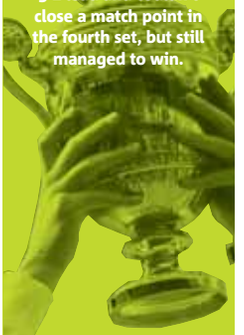
LEWIS HAS STRUGGLED SINCE HIS RETURN FROM HIP SURGERY, BUT HE HAS GOOD UPSIDE FOR NOT A LOT OF COST.

3 SPORTS

Wild Wimbeldon final

Djokovic outlasts Federer

Novak Djokovic won his second career Wimbeldon title Sunday, battling 17-time Grand Slam champion Roger Federer for five sets in a dramatic final. The Serbian wasted a 5-2 lead and couldn't close a match point in the fourth set, but still managed to win.



Watch online

Find video and recap of yesterday's Yankees-Twins and Mets-Rangers games at: **Metro.us/sports.**

Jeter to start last All-Star Game, joined by Tanaka

MLB. Dellin Betances will also be joining the captain and rookie ace for the game in Minnesota.

Jeter will be making his 14th appearance, while Tanaka, inset, will be making his first. / GETTY IMAGES

There won't be any need to shift Derek Jeter over to shortstop, a la Cal Ripken Jr. in 2001, in his final appearance at the Midsummer Classic.

Jeter will start at shortstop in his last trip to the game next week, 16 years after he made his first All-Star Game.

The 40-year-old is batting just .266 with two homers and 28 runs scored, but won the starting vote easily over second-place vote-getter Alexi Ramirez. Jeter finished with 3.9 million votes and led most of the way.

"It feels good," Jeter told reporters Sunday from Minnesota, where the Yankees were finishing up a four-game set. "All-Star Games are fun. Having the opportunity to come back here is special. It's the last one for me. I'm extremely happy."

It's hardly a surprise Masahiro Tanaka will be joining him in Minnesota in his first year in the majors. The Japanese import is 12-3 with a 2.27 ERA and 130 strikeouts in 122 2/3 innings. He leads the majors in wins and complete games, and could be in line to start the game. Red Sox manager John Farrell will make the final decision on who will be starter.

Jeter and Tanaka were expected, but the surprising choice was relief pitcher Dellin Betances, who was selected by the players' ballot. Betances is tops in the majors in ERA (1.61) among pitchers with at least 50 innings. He has stepped right into a critical spot, setting up for closer David Robertson and done an excellent job.

Metro spoke to Betances last week about the possibility of making his first All-Star Game.

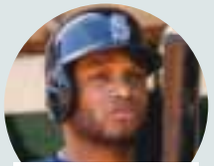
"I'd be honored," Betances said. "You're talking about guys that you grew up watching — unbelievable players. I haven't really thought too much about it, but I'd be honored."

The Mets waged a campaign to get David Wright into his eighth All-Star Game, but the team's captain lost to the Brewers' Aramis Ramirez.

Instead, second baseman Daniel Murphy will be the Mets' only representative in the Midsummer Classic. It is Murphy's first appearance. He is hitting .295 with a .345 on-base percentage and seven home runs.

MARK OSBORNE
@MetroNYSports
mark.osborne@metro.us

Starting lineups



ROBINSON CANO IS BACK IN THE ALL-STAR GAME. GETTY IMAGES

Toronto's Jose Bautista was the top overall vote-getter in the fan vote this year.

- **American League**
  C: Matt Wieters (will be replaced by Salvador Perez due to injury)
  1B: Miguel Cabrera
  2B: Robinson Cano
  3B: Josh Donaldson
  SS: Derek Jeter
  OF: Jose Bautista
  OF: Mike Trout
  OF: Adam Jones
  DH: Nelson Cruz

- **National League**
  C: Yadier Molina
  1B: Paul Goldschmidt
  2B: Chase Utley
  3B: Aramis Ramirez
  SS: Troy Tulowitzki
  OF: Andrew McCutchen
  OF: Carlos Gomez
  OF: Yasiel Puig
  DH: Giancarlo Stanton

THE FUTURE OF FOOT SURGERY
FREE consultation with ad
Call Us: 1-877-BUNION-1
Downtown Podiatry Services
DOWNTOWN
111 John Street, Suite 1450
New York 10038
MIDTOWN
315 Madison Ave, Suite 513
New York 10017
NEW LOCATION
159-05 92nd St, Howard Beach, NY
718-845-0741
DowntownPodiatry.com
Before After
Specializing in Surgery and Aesthetics of the Foot
Cutting Edge Means Less Cutting
Minimally Invasive Bunion & Hammertoe Surgery
MOST INSURANCE PLANS ACCEPTED

Limited Time Promotion
$5 off any purchase!
Promo: CMSUMMER
Ends 7/31
clubmetro
Your source for the best sweepstakes, deals and coupons in your city!
SIGN UP TO BECOME A MEMBER TODAY!
clubmetro.metro.us

Yankees, Mets close out series with slugfests

MLB. The Yankees and Mets both won series on Sunday behind big efforts at the plate from their offenses.

The Yankees got their final road trip before the All-Star break started right with a series win over the Twins thanks to a 9-7 victory Sunday.

The Yankees jumped all over Twins starter Ricky Nolasco for two runs in the first and four more in the second and then held on for a win after Hiroki Kuroda surrendered four runs in the fourth inning.

Jacoby Ellsbury hit a three-run home run, while Derek Jeter had three hits, including his 3,400th all-time.

The bullpen allowed three runs, but David Robertson earned the save.

Zack Wheeler has had back-to-back outings allowing one run over 6 1/3 innings. / GETTY IMAGES

Mets 8, Rangers 4

The Mets also won their series against struggling Texas with a strong outing from Zack Wheeler after getting five runs in the bottom of the first inning.

Anthony Recker, who's been mostly on the bench since Travis d'Arnaud's return, gave Wheeler that big lead with a three-run shot. Gonzalez German allowed three runs in the eighth, but the Mets held on. **METRO**

MLB. Yankees designate Soriano for assignment, may work trade

Alfonso Soriano's second stint with the Yankees ended Sunday when the outfielder was designated for assignment.

Soriano has not lived up to expectations in the first full year of his return to the Bronx. Soriano had a .325 on-base percentage and hit 17 home runs in just 58 games with New York last season. But this season he's hitting just .221 with a .244 on-base percentage and six homers in 68 games.

SORIANO'S RETURN TO THE BRONX DID NOT HAVE A HAPPY ENDING EITHER. GETTY IMAGES

"We designated Soriano, which is extremely difficult because he's been a great Yankee and been a great player," manager Joe Girardi said. "We felt we needed some more pitching today, so we called up [Bruce] Billings. [The] bullpen has been extremely taxed."

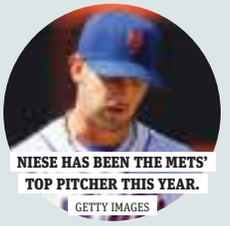
The team may work out a trade for the veteran. Soriano played for the Yankees from 1999 to 2003 previously. **METRO**

Against his will

Mets place Niese on DL

The Mets placed starter Jon Niese on the 15-day disabled list Sunday, whether he wanted to be or not.

Niese left his last start after being hit by a line drive in the first inning, but he was placed on the DL with a left shoulder strain. The line drive caused only a bruise, but the team said a dip in velocity caused him to be placed on the DL.



NIESE HAS BEEN THE METS' TOP PITCHER THIS YEAR. GETTY IMAGES

"There's no discomfort, no pain," manager Terry Collins told reporters Sunday. "We're just seeing a decrease in stuff. You don't need radar guns to tell you there's something going on here."

Niese declined comment on Saturday and Sunday, but reportedly did not agree with the decision.

He has a team-best 2.96 ERA and has allowed 97 hits in 103 1/3 innings.

Dillon Gee, who is ready to come off the disabled list, will likely start in his place before the All-Star break next week. **METRO**

metro CLASSIFIED DIRECTORY

To advertise please contact 866-900-9473 or Newyorkclassifieds@metro.us

MEDICAL RESEARCH
To advertise call Andrea Paz at 212-457-7831 or email andrea.paz@metro.us

HAVE DIABETES? WORRIED YOU'RE AT RISK?
Seeking diabetic or at risk participants 21-65 years old for research to help us better understand diabetes. Studies visits involve placing IVs and muscle & fat tissue biopsies.
Free initial medical screening
$800-1200 for 3-6 visits*
*Payment and # of visits vary depending on which study you qualify for
Albert Einstein College of Medicine | Study Coordinator 718.430.2903

A better route to managing overactive bladder
Should have fewer bathroom stops
If the signs of overactive bladder (OAB) are becoming an all too familiar pattern, it may be time for a new direction. The SYNERGY study is a research study examining an investigational combination of two drugs prescribed for OAB to see if, when taken together, they provide more relief than when taken on their own. If you experience the frequent and sudden urge to urinate, followed by leakage, you may be eligible to participate.
TO learn more, visit OABandYou.com, or speak with our staff by contacting
917-409-3917 or
beverly@manhattanmedicalresearch.com
synergy

SPA & MASSAGE
To advertise call Andrea Paz at 212-457-7831 or email andrea.paz@metro.us

LEGAL SERVICES
To advertise call Thomas Franke at 212-457-7751 or email thomas.franke@metro.us

CONSIDERING BANKRUPTCY?
25 Years' Experience
Law Office of Glenn S. Kessler
(718) 488-9100
32 Court St., Suite 704, Brooklyn
DebtfreeNYC.com
Free Consult, Friendly, Personalized Service
Affordable Fees & Payment Plans
We are a debt relief agency; We assist in filing for relief under Bankruptcy Code.

ALL ACCIDENTS AND INJURIES
Auto • Sidewalk • Medical
Construction • Products
MILLIONS RECOVERED
DECADES OF EXPERIENCE
No fee Unless Successful
FREE CONSULTATION
MITCHELL KESSLER, ESQ.
212-268-2677
ASSOCIATED WITH LEVINE AND GROSSMAN

Wake Up To a Debt Free Day
Imagine waking up a few mornings from now without debt
Awake to a day without bills, collection letters, or creditor calls
File BANKRUPTCY for a debt free life
Jay Simon • 718.222.4619
32 Court Street, Suite 805, Brooklyn
Dedicated Chapter 7 Specialist • Same Low Fee for All
Pay in Installments • Personal, Caring, Attention • Free Consultation
Where Clients Come First

DIVORCE $179
1-800-414-0333
TheDivorceCenter.com
Spouse's Signature Not Needed
Don't Be Fooled By Imposters
Plus Court Fee - Without Children - With This Ad
EXPIRES 7/31/2014

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us

Over 60 Years of Experience
DINERMAN BERGAM & DINERMAN
ACCIDENT?
ALL ACCIDENT CASES HANDLED
Car/Bus/Train • Slip/Trip and Fall • Elevator • Real Estate
150 BROADWAY NYC • (212) 267-7575
Free Consultation ASK FOR MARIA Hablamos Español

BANKRUPTCY
917-783-0906
$795+ Court Fees
Free Consultation
"I can help you get a fresh start"
Flushing (QNS): 39-01 Main St., Suite 400
Manhattan: 116 West 23rd Street, 5th floor
Debt relief agency. We help people file for bankruptcy relief under the bankruptcy code.

Howard S. Warner, Attorney
Evening and Sat appts available

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us

REAL ESTATE

Rooms for Rent

100's Available, All Boroughs

Private Entry Bath Cooking
1 Person/2 Person $125wk/up room rentals
Studios $900/up
212-697-3598

Affordable Furnished Rooms in Manhattan

Utilities Included
Same Day Move In
Cable, TV, Internet
No Credit Check
$125 per week • Call 212-862-0030

All Manhattan/Bronx

Furnished Rooms For Rent!
Cable/Internet Ready! Move In Today! All utilities Inc.
Starting Just $125/wk.
Call Us Now: (212)368-2685

CAREER TRAINING

Ultrasound
Med Assistant (RMA)
Pharmacy Tech (PTCB)
Dialysis Technician

Nursing Assistant (CNA).....$699
EKG & Phlebotomy Combo.....$699
Patient Care Technician (CPCT).....$699
Medical Billing (CBCS).....$699
Med Off Administration (CMAA).....$999
Pharmacy Technician (PTCB).....$999
CPR (By American Heart Association Valid 2yrs)..$80
Financial Aid Available If You Qualify
ACCREDITED INSTITUTE
NEW YORK MEDICAL CAREER TRAINING CENTER
500 8th Ave. NY • 212-947-4444 • Close to Penn Station & Port Auth
36-09 Flushing Main St. • 718-460-4340 • Corner of Main Street & Northern Blvd
www.nymedtraining.com

MEDICAL ASSISTANT & COM. PROGRAMING
• Com. Networking (A+, MCSE, CCNA)
• Dental Assistant .....Call For Low Price
• Nurse Aide (CNA) $400
• EKG & Phlebotomy (Combo) $500
• Pharmacy Technician $500
• Physical Therapy Aide .....Coming Soon
• Medical Billing & Coding
• ESL / CPR

Registration Fees, book, supplies, Lab fees are NOT included.
• We Accept Vouchers (HRA, Workforce, VESID, etc)
• Licensed by NYSED, Financial Aid Available for select programs if Qualified. Close to A, C, G, 2, 3, 4, 5, D, F, Q Train at Hoyt St
Open House April 18th, 25th (3:00 To 5:00 PM)
Call: 866-487-5432
www.AccessCareers.Edu

ACCESS INSTITUTE
JOBS
We Train & Place!
New Media Production (Audio & Video)
PCT• HHA• Medical Asst EKG/PHLE/Pharm Tech
CNA FREE Training if eligible
Free Training US Vets - Solar Tech etc
Call: 718-263-0750
STUDENT VISAS @ LOW COST
On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY
WWW.ACCESSQUEENS.COM

BEST TRAINING BEST PRICE

MEDICAL TRAINING
○ Medical Assistant..... CALL
○ EKG Technician..... $399
○ Phlebotomy Tech..... $399
○ Medical Billing..... $499
○ Pharmacy Tech..... $899
○ CNA (Nurse Assistant)..... $699
COMPUTER & IT TRAINING

○ MS Office $399
○ PC Technician (A+)..... $399
○ Networking Concepts (N+)... $399
○ Network Security (S+)..... $399
For Select Programs If Qualify
FINANCIAL AID AVAILABLE
www.acecareer.edu
ACE INSTITUTE of TECHNOLOGY
MANHATTAN 212-695-9700
QUEENS 718-575-3223

HIGH SCHOOL DIPLOMA
If you're 18 or older you can complete your high school education at home right now in as few as 2 months
212-967-7010
469 7th Ave, 7th Floor
(Btwn 35th & 36th Street)
Accepted by NYS Office of Higher Ed
Liberty H.S. Brattleboro, Vt.

JOBS

General Help Wanted

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us

General Help Wanted

Business Opportunity-Owner/Operator-Open House
Deliver newspapers as an Owner/Operator under agreement with our company in Manhattan. Earn up to $1,000+/month. Must have dependable car. Call 646-277-3795 for details

General Help Wanted

SUMMER JOBS!!!
Protect reproductive rights! Campaign to keep birth control affordable & defend a woman's right to choose!
$12-$16/hr
FT/Career
Call Sam:
212-219-1502

metro CLASSIFIED DIRECTORY

To advertise please contact 866-900-9473 or Newyorkclassifieds@metro.us

JOBS

General Help Wanted

CUSTOMER SERVICE
POSITIONS AVAILABLE NOW

- No exp. necessary
- Great pay
- Training provided
- Close to public trans.

For an interview please call
917-310-2511

Full Time Openings
Seeking Motivated Individuals for our Expanding Customer Relations Team
No Experience Needed
Full Training Provided
Starting avg $17/hr
Advancement Opportunity
We Need Leaders
Call Today, Start Tomorrow
718-210-3643

General Help Wanted

Immediate Openings
No Experience Required
We Train the Right Candidates
Earn $18/hr avg
Plus Bonus Opportunities and Trip Incentives
Looking for Individuals to Grow with Us
We only Promote from Within
Call today to set up an Interview
914-233-0644

Education

HIGH SCHOOL DIPLOMA FROM HOME
6-8 weeks accredited
Get a Diploma! Get a Job!
No computer needed!!
Call 24/7 for free brochure
1-800-264-8330
www.diplomafromhome.com
Benjamin Franklin High School

Education

PSYCHICS

SHEIKH SALEEM
917.254.6647
africanmedium.com

Mystical African Medium & Spiritualist solves all your issues, Love specialist, reunite lovers, business, job, court, luck, black magic, protection, impotency, immigration, etc. English and French Speaking. QUICK RESULTS!

PROFESSOR SHEIKH IBRAHIM
SPIRITUAL HEALER AND CLAIRVOYANT SPECIALIZE IN RELATIONSHIP, MARRIAGE & LOVED ONES, BREAK BLACK MAGIC, BAD LUCK, SUCCESS IN BUSINESS, JOB, EXAMS, DIVORCE, COURT CASES,IMMIGRATION, ETC SEEK HELP FROM MR. IBRAHIM QUICK RESULTS GUARANTEED CALL NOW 212.316.0567 OR 646.239.4298

INDIAN PSYCHIC & SPIRITUAL ADVISOR
PANDIT: SURIYA
SUNDAY
FREE
READING

Marriage Problems	Business Problems
Spiritual Problem	Money Problems
Sexual Problems	Family Argument
House Problems	Love Problems
Loved one	Enemy Problems
Husband Wife	Jealousy

100% Removal of Black Magic, Bad Luck Evil Spirits & Gives Holy Spirit Protection
SPECIALIZED IN BRINGING LOVED ONES BACK
347-873-7532

Indian Astrologer
Pandit:
SHIVANANDA
718-664-7058
An Expert Astrologer tells Past, Present & Future. Provide Solutions for issues like Love, Health, Depression, Job, Family, court etc. 100% Removal of Black Magic, Judge, Vedas, Evil Spirits & Bad Luck by special Poojas & Worships. DON'T WAIT , CALL TODAY GUARANTEED SOLUTIONS
107-11 121ST STREET (107 AVE) RICHMOND HILL, NY, 11419

PSYCHICS

Spiritual Healer and Psychic
Mr SHAMAN
Are you suffering for love? are you tired of calling and never get a call back from that special person you love? is your love one ignoring you or neglecting you?
Guaranteed Results
CLIENT TESTIMONIALS:
-Sofia From Brooklyn:Mr shaman return my husband after only 5 days, he came back begging for forgiveness, and it was all thanks to Mr shaman
Mr Shaman helped me to remove a black magic spell that was put on me many years ago, he told me to go to the basement of my house to find a voodoo doll, and it was rigth where mr Shaman told me to find it.
CALL NOW (347) 4745886
I HELP WITH
Luck and money problems clean black magic spells get protection from enemies Court and legal problems
REMOVE EVIL SPELLS
from homes, business or persons
All Religions are Welcome

SERIGNE
917-679-1518
Spiritual Reader & Coach bring back loved one, stopped infidelity in Relationship, marriage, fixed Domestic, issues, job, success in business, court case, removed bad luck, witchcraft, black magic. Stop enemy & offer protection.
FAST RESULTS
SpiritualRestore.com

Mister Hakeem
International Spiritual Healer & Born Gifted Psychic. 30 Years Exp helping people: Love, Relationship, Business, Court, Exams, Remove Black Magic & Bad Luck, Unhappy Situation,Family Problems, Sexual Problems etc.
100% Guaranteed
917.353.3006 / 646.766.0779
Your Pain is my responsibility~

Mr Khalifa International African Spiritual Healer & Clairvoyant with 39 yrs exp. Helping ppl across the world. Solves problems: Bad influence, Blockage, Disease, Sexual problems, Bad Luck, Business success, Black Magic, Exams, Court, Marriage&Relashionship. Call Mr Khalifa, Results within 7 nights. 646.339.2385 or 646.630.8303

metro CLASSIFIEDS
To place an ad call 866-900-9473

SERVICES

REDUCE YOUR CABLE BILL!
Get an All-Digital Satellite System installed for FREE and programming starting at $19.99/mo. FREE HD/DVR upgrade for new callers,
SO CALL NOW
877-356-0526

SERVICES

PEST CONTROL/TERMITE LIC.
6/9 DAYS NY STATE APPROVED CERTIFICATION & RECERTIFICATION IN 7A/7F/8/3A/7C & JOB ASSISTANCE
pestmanagementsciences@yahoo.com
CALL 24 HOURS. 1-800-220-5494 OR 718-205-0557
WEBSITE IS WWW.PESTCONTROLSCHOOLNY.COM

LEGAL NOTICES

NOTICE IS HEREBY GIVEN that a license, Number 1277347 has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 400 4th Ave, Brooklyn, NY 11215, for on premises consumption. Ro Ro LLC

NOTICE IS HEREBY GIVEN that a license, Number 1279207 for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Contol Law at 86A West Broadway, New York, NY 10007 for on-premise consumption. JR Sushi 2 Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1277977 has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Bar under the Alcoholic Beverage Control Law at 486 Metropolitan Ave, Brooklyn NY 11211, for on-premises consumption. Stella Mae Brooklyn LLC

NOTICE IS HEREBY GIVEN that a license, Number 1279140 for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Contol Law at 36-39 Prince Street, Flushing, NY 11354 for on-premise consumption. Prince Dessert and Tea Room Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1279420 for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Contol Law at 83-11 Broadway, Elmhurst, NY 11373 for on-premise consumption. He Lin Restaurant Inc.

NOTICE IS HEREBY GIVEN that a license, Number 1279380 for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Contol Law at 10 Pell Street, New York, NY 10013 for on-premise consumption. Famous Sichuan New York Inc.

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, July 23, 2014 at 2:00 p.m. at 66 John Street, 11th floor, on a petition for AJS Public House Corp. to to establish, to maintain, and operate an unenclosed sidewalk café at 2794 Broadway in the Borough of Manhattan for a term of two years. REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, July 23, 2014 at 2:00 p.m. at 66 John Street, 11th floor, on a petition for A & J Frozen Yogurt Corp. to establish, maintain and operate an unenclosed sidewalk café at 66 Second Avenue in the Borough of Manhattan for a term of two years. REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

METRO STANDS OUT

metro
Get what you're missing with Metro!
www.metro.us

With more reach than the Post or the Daily News, Metro stands out from traditional paid newspapers. The future of print is FREE.

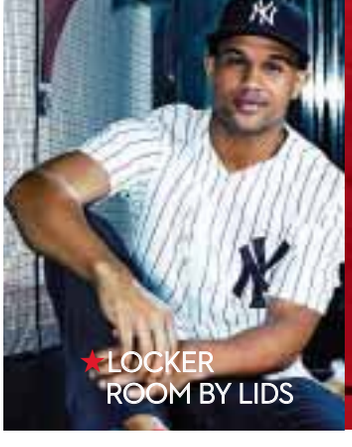
Metro reaches more adults 18+ living in Manhattan than the Post or the Daily News.

Source: Scarborough R2 2013

FOR ADVERTISING CONTACT ADVERTISING@METRO.US OR 212-457-7735

HSQ MEN'S

WE'RE WRAPPING UP THE FINAL STAGES OF OUR MULTIMILLION-DOLLAR MAKEOVER AND WE'VE GOT SOME EXCITING NEWS. NOW OPEN: THE NEW ACTIVE DEPARTMENT ON 4. COMPLETE WITH 10,800 SQUARE FEET OF THE LATEST STYLES FROM TODAY'S LEADING BRANDS, IT'S GOT EVERYTHING YOU NEED TO MAKE ALL THE RIGHT MOVES. FOR MORE INFO, VISIT MACYS.COM/MACYSPORT



INTRODUCING

★NIKE

THE ALL-NEW MACYSPORT AT MACY'S HERALD SQUARE!

the magic of ★macy's.com